

Colne Primet PSHE/Personal Development Curriculum 2022-23 YEAR 7

Living in the Wider World – focuses on careers, personal finance independent living, skills for life and personal values.

Health and Wellbeing – focuses on health, hygiene, exercise, mental health, personal safety, drugs and alcohol.

Relationships and Sex Education (RSE) – focuses on sex, relationships, friends and family matters, LGBT+, positive and unhealthy relationships.



Other themes supported by the Personal Development curriculum. These are interwoven into Personal Development as well as linked more specifically to certain topics

SMSC – students have opportunities to engage their spiritual, moral, social and cultural development.

Citizenship – focuses on understanding of the role and functions of governmental and other organisations and the rights and responsibilities of citizens.

Modern British Values (MBV) – Focuses on the understanding and appreciation of democracy, the rule of law, tolerance and respect, and liberty in the UK

Health & Wellbeing	RSE	MBV/SMSC	Health and Wellbeing	Living in the wider world Citizenship / MBV/ SMSC	Living in the wider world / Health and Wellbeing
<ol style="list-style-type: none"> 1. Transition – Dealing with Change 2. Being a Primet Student 3. Being an Aspirational Student 4. The importance of Self Esteem 5. Being Resilient and facing challenges 6. Emotional Literacy 7. Communication and autism 	<ol style="list-style-type: none"> 1. Safe relationships 2. The Primet Anti bullying pledge 3. Good friendships and toxic Friendships 4. Bullying or Banter? 5. Road Safety week 6. Reflection and self assessment 7. Christmas Quiz 	<ol style="list-style-type: none"> 1. Baseline and New Years Resolutions 2. World religions Day 3. Remembering the Holocaust 4. Respect and Tolerance <p>Health and Wellbeing</p> <ol style="list-style-type: none"> 5. Understanding Mental Health 6. Review and reflection 	<ol style="list-style-type: none"> 1. Baseline and Personal Hygiene 2. Dental Health 3. IWD and Youth Council ballot 4. Vaping, smoking and cannabis 5. Smoking and passive smoking 6. Review and reflection 	<ol style="list-style-type: none"> 1. How are laws made? 2. How are laws made? 3. Why do we have a monarchy? 4. Who is King Charles 5. What is the House of Commons and house of Lords? 	<ol style="list-style-type: none"> 1. Respect surveys 2. Water Safety 3. Dangers on the Railways 4. UNCRC and rights respecting school 5. Pixl Them and Us Respect 6. Pixl Them and Us Respect 7. End of year quiz