

## Colne Primet PSHE/Personal Development Curriculum 2022-23 YEAR 8

**Living in the Wider World** – focuses on careers, personal finance independent living, skills for life and personal values.

**Health and Wellbeing** – focuses on health, hygiene, exercise, mental health, personal safety, drugs and alcohol.

**Relationships and Sex Education (RSE)** – focuses on sex, relationships, friends and family matters, LGBT+, positive and unhealthy relationships.



**Other themes supported by the Personal Development curriculum. These are interwoven into Personal Development as well as linked more specifically to certain topics.**

**SMSC** – students have opportunities to engage their spiritual, moral, social and cultural development.

**Citizenship** – focuses on understanding of the role and functions of governmental and other organisations and the rights and responsibilities of citizens.

**Modern British Values (MBV)** – Focuses on the understanding and appreciation of democracy, the rule of law, tolerance and respect, and liberty in the UK

<b>Health &amp; Wellbeing</b>	<b>RSE</b>	<b>Modern British Values / Health and Wellbeing</b>	<b>health and Well being / Citizenship / MBV</b>	<b>Living in the Wider World / Citizenship / MBV</b>	<b>Living in the wider world / Health and Wellbeing</b>
<ol style="list-style-type: none"> <li>1. Personal development</li> <li>2. Personal development Cont'd</li> <li>3. SMART Targets</li> <li>4. Managing my behaviour</li> <li>5. Self Awareness</li> <li>6. Self Confidence</li> <li>7. Peer Pressure</li> </ol>	<ol style="list-style-type: none"> <li>1. Domestic Conflicts / running away from home</li> <li>2. The Primet Anti-bullying pledge</li> <li>3. Peer pressure</li> <li>4. What is consent?</li> <li>5. Road Safety week</li> <li>6. Review of PSHE</li> <li>7. Christmas 2022 Quiz</li> </ol>	<ol style="list-style-type: none"> <li>1. Baseline and New Year Resolutions</li> <li>2. World Religions Day</li> <li>3. Holocaust memorial Day</li> <li>4. Respect and tolerance</li> <li>5. Mental health Week</li> <li>6. Review and reflection</li> </ol>	<ol style="list-style-type: none"> <li>1. Baseline and Personal safety</li> <li>2. Legal and illegal drugs</li> <li>3. IWD and LYC ballot</li> <li>4. Cancer Awareness</li> <li>5. Immunisation and vaccination</li> <li>6. Review and reflect</li> </ol>	<ol style="list-style-type: none"> <li>1. Public, private and voluntary sectors</li> <li>2. The difference between local and national government</li> <li>3. Why do we have a monarchy?</li> <li>4. Who is King Charles III?</li> <li>5. Volunteering</li> <li>6. Review and reflect</li> </ol>	<ol style="list-style-type: none"> <li>1. Respect surveys</li> <li>2. Water Safety</li> <li>3. Dangers on the Railways</li> <li>4. UNCRC and Rights Respecting schools</li> <li>5. Pixl Them and Us Respect</li> <li>6. Pixl Them and Us Respect</li> <li>7. End of year quiz</li> </ol>