



Dear Parents/Carers,

Happy new year! Despite the weather, we've had a very positive week in school with students returning from the holidays ready for the new term and demonstrating their best Primet SELF. During this week, we have been revisiting our Academy routines, which we dedicated time to practicing at the start of September. This week has been about reminding everyone what those are and why we do them, and spending time rehearsing and practising them so we can be consistent across the academy.

Although we call this the Spring term, it is definitely still the winter months and yet again we return to challenging January weather. We always want school to be open and do all we can to ensure this happens. We know that regular attendance and not missing any learning days are important for ensuring students are doing their best at school. Our site team worked hard all week on ensuring all the paths are clear, along with the gritters and ploughs that are brought in to clear the car park and yards during the evenings and early mornings; and this will continue as the cold weather is set to continue. However, at this time the plan is for school to be open on Monday morning as normal, and students should be in the yards at 8.45am ready for line up. If there are any changes to the weather forecast which means this is not the case, then we will send messages out on Monday morning to update you. Please ensure that we have up to date contact phone numbers and email addresses for you. If you think you need to inform us of any changes, please contact the main office or send a signed letter with any details for your child to hand in at the main office.

A reminder about ensuring your child has an appropriate coat for the weather and that this is labelled with their name. Coats should only be worn outside and students need to remove them when coming into the building. Our uniform does include a v-neck school jumper which can be worn underneath their blazer, and students wearing skirts should be in black tights not ankle socks during the winter months. It is warm inside the school building, but additional layers can be worn in the form of a plain white vest/tshirt/underarmour underneath school shirts, or tights/leggings underneath trousers. If you need support with these and any other uniform items, please get in contact with your child's Head of Year or Pastoral Support Assistant, or students can see them directly in school.

Year 9 are on with making appointments for parents' evening next Thursday 15th January, and Year 7 are about to start making theirs too ready for Thursday 29th January. These are important opportunities for you to come into school to meet with your child's teachers and discuss their progress and how best to support them.

Principal's Awards

Awarded to the students in each year group with the highest number of Positive Points and 0 Negative Points each week.



J Pilkington
Principal

**Caleb
(7A)**

**Asad
(8M)**

**Ibrahim
(9M)**

**Sophie
(10P)**

**Oskar
(11A)**



**Artsmark
Silver Award**
Awarded by Arts
Council England



Leading Parent
Partnership Award

2022-2025

Stars of the Week

Congratulations to this week's star students:

Year 7

P- Emanuel
R- Yousaf
I - Chester
M - Emilie - Rose
E - Corbin
T - Musa
A - Lily - Mai
HOY - Anayah

Year 8

P- Darla
R- Samuel
I - Thomas
M -Sheharyar
E - Scarlett
T - Jarmaine
A - Vadim
HOY - Natasha

Year 9

P- Rosie
R- Miley
I - Esa
M -Abdul
E - Ismaeel
T - Imogen
A - Layla
HOY - Hakim

Year 10

P- Harry
R- Komal
I - Freya
M - Leah
E - Maya
T - Maimuna
A - Momna
HOY - Muhammad

Year 11

P- Khadija
R- Ellie
I - Zainab
M - Dani
E - Alissia
T - Hajra
A - Laiba
HOY - Noah

Primet Positive Focus: INCLUSIVE

This week we have been focusing on our core value of being inclusive. All members of the academy are equally valued, and we appreciate the diversity within our academy community. Our curriculum ensures all students can make progress.



UNCRC Articles

As part of our UNICEF Rights Respecting Schools Award, we have been looking at each of the United Nations Convention on the Rights of a Child Articles. There are 54 Articles in total. This week we have been learning about:

- Article 19 – Protection from violence, abuse and neglect: Governments must do all they can to ensure that children are protected from all forms of violence, abuse, neglect and bad treatment by their parents or anyone else who looks after them.
- Article 25 - Review of treatment in care: If a child has been placed away from home for the purpose of care or protection (for example, with a foster family or in hospital), they have the right to a regular review of their treatment, the way they are cared for and their wider circumstances.



Upcoming Dates

- 15th January – Year 9 Parents Evening, including mid-year tracker reports issued
- 20th and 22nd January – Snow White evening performances – buy your tickets on ParentPay
- 22nd January – Years 8 & 10 mid-year tracker reports issued
- 27th January – Year 9 Nelson & Colne College workshops
- 29th January – Year 7 Parents Evening, including mid-year tracker reports issued
- 2nd-13th February – Year 11 Mock Exams
- 3rd February – Breaking Point awareness presentation Year 9
- 4th February – Year 10 Lancashire Cyber Festival at Nelson & Colne College
- 6th February – NSPCC Number Day
- 10th February – Safer Internet Day



Principal's Awards for the Autumn Term

Principal's Awards for the Autumn term.

This is awarded to the students in each year group with the highest number of positives with zero negatives each week.

Week starting	Year 7	Year 8	Year 9	Year 10	
1/9/25	Saad (7R)	Kinza (8E) Andreea (8E)	Ismaeel (9E) Aroosh (9A)	Zoya (10T)	Lucian (11R)
8/9/25	Anayah (7A)	Lilli (8P)	Olivia (9I)	Aisha (10I)	Rebeca (11R)
15/9/25	Charlie (7T)	Zohra (8E)	Olivia (9I)	Leah (10M)	Sabiha (11T)
22/9/25	Elia (7M)	Asad (8M)	Olivia (9I)	Anna (10T)	Parisa (11I)
29/9/25	Zaeem (7T)	Asad (8M)	Lauren (9R)	Freya (10I)	Harris (11I)
6/10/25	Theertha (7R)	Asad (8M)	Olivia (9I)	Isabella (10I)	Marley (11R)

13/10/25	Charlotte (7R)	Asad (8M)	Holly (9A)	Freya (10I)	Muhammad (11P)
20/10/25	Hijab (7M) Anayah (7A)	Asad (8M)	Noah (9T) Olivia (9I)	Sophie (10P)	Zac (11A)
10/11/25	Milly (7P)	Ellie-May (8P)	Archie (9A)	Savira (10A)	Evie-Lea (11M) Taylor (11E)
17/11/25	Olivia-Rose (7A)	Asad (8M)	Aiden (9E)	Sophie (10P)	Wiktorija (11A)
24/11/25	Evie (7P)	Asad (8M)	Myles (9I)	Matthew (10I) Summer (10A)	Oskar (11A)
1/12/25	Ava (7T) Louis (7T)	Asad (8M)	Lucas (9I)	Hamna (10A)	Laiba (11A)
8/12/25	Malaika (7R)	Zohra (8E)	Noah (9T)	Sophie (10P) Summer (10A)	Maisie (11A)
15/12/25	Caleb (7A)	Asad (8M)	Ibrahim (9M)	Sophie (10P)	Oskar (11A)



Academy Updates and Reminders

Rehearsal and practise week has seen staff and students re-visiting the routines and expectations that are embedded across our academy. These are summarised in the images below. All of our routines are implemented to keep our students safe, ensure no time is wasted and students can make as much progress as possible in lessons. In AM assemblies we talked about the importance of modelling behaviours and receiving feedback. Please support your child by ensuring that they are coming to school wearing the correct uniform. We sent lots of text messages out to parents before the end of the term for those who were persistently wearing incorrect jewellery. We explained that the uniform policy states students can wear a simple watch, stud earrings or small sleepers. Any jewellery which is unacceptable will now be placed in an envelope and sent to the main office for parental collection. You will be aware this has happened as it will be on classcharts. Please do not contact the main office to ask that it is returned to your child, it will remain safely in the main office until a responsible parent or carer picks up the item.

Colne Primet Academy

Show me your Primet 'SELF'

Sit up **Equipment ready** **Listen** **Focus**

Colne Primet Academy

Academy expectations

Work Hard **Be Kind** **Follow staff instructions first time**

Colne Primet Academy

Start of lesson routine

Enter the classroom sensibly and quietly **Greet your teacher at the door** **Put your equipment on the desk immediately** **Complete the 'do now' task** **Answer the register**

Colne Primet Academy

Calm corridor routine

Walk sensibly and quietly **Walk on the right hand side** **Go straight to where you are going**

Colne Primet Academy

Equipped for Learning

Pen **Green Pen** **Pencil** **Ruler** **Homework folder** **Reading book** **Bag**

On your desk every lesson

Colne Primet Academy

End of lesson routine

Pack away when directed by your teacher **Stand behind your chair when asked** **Wait in silence to be dismissed** **Move onto the corridors using the calm corridor routine**

Colne Primet Academy

Line up routine

Line up in single file in front of your teacher **Line up in silence when directed** **Wait to be taken to lesson** **Move through the academy using the calm corridor routine**

Colne Primet Academy

Academy seating plans

Seating plans are strategic and are used to maximise progress and provide opportunities to learn independently and work collaboratively

Colne Primet Academy

Academy routines/language

Signal for silence - to ensure engagement. All students fall silent, raise their hand and focus on the teacher

Focus on - to ensure students give their full attention to specific items/person

100% - to ensure all students are completing a task/following an instruction



Leading Parent Partnership Award Re-assessment on 16th January 2026

We are excited to share that Colne Primet Academy is working hard towards achieving the Leading Parent Partnership Award (LPPA) once again! This nationally recognised award focuses on strengthening the school's work with parents and families, ensuring that together we provide the best support for our children.

We first achieved this award in 2016, and now we are being re-assessed on 16th January 2026. The re-assessment will be carried out by an external advisor and will look at how well we meet the following ten objectives:

- Demonstrating a strong commitment to the LPPA.
- Making and implementing effective plans to achieve and maintain the award.
- Ensuring the school is welcoming and friendly for parents.
- Promoting lifelong learning opportunities for all parent groups.
- Holding and promoting enrichment events for parents and children together.
- Providing good induction for all new parents.
- Offering clear, user-friendly guidance to help parents support their child's learning.
- Implementing parent-friendly policies to strengthen home-school links and improve attendance, punctuality, behaviour, and progress.
- Supporting parents during key transitions when children leave the school.
- Evaluating our performance against the LPPA standards.

What is the LPPA?

The LPPA is a nationally recognised award for schools that work closely with families. It helps us improve communication and create more opportunities for parents to be involved in school life.

What difference will it make?

Achieving the award will make our partnership with families even stronger. It will help us improve communication and offer more activities for parents and children to enjoy together.

How can you help?

Read all information we send out.

Attend events we organise, if you can.

Complete any questionnaires honestly.

Our LPPA working party is already meeting regularly to gather evidence and plan activities. A big thank you to all parents and carers who have supported us so far!

We'll keep you updated on our progress. If you have any questions, please don't hesitate to contact us.

Thank you for your continued support!



Pendle Education Trust Careers Day

On Thursday 12 March, we will be hosting the Pendle Education Trust Careers Day, with all students taking part in this exciting and informative event.

The Careers Day will bring together a wide range of local employers from across different sectors, giving students the opportunity to explore the world of work and learn more about the career opportunities available within our local community. Students will be able to speak directly with employers to gain insight into what different jobs involve, the variety of roles within each industry, and the skills and qualities needed to succeed in today's economy.

In addition, representatives from a selection of universities will be in attendance, alongside Nelson and Colne College, whose subject specialists will be delivering interactive activities and talking to students about their future pathways and next steps.

Hosting this event at Colne Primet Academy provides a valuable opportunity for our students to broaden their horizons, ask questions, and gain inspiration as they begin to think more carefully about their future education and career choices.

Pendle Education Trust

Inspire
THE NEXT GENERATION

JOIN US FOR OUR CAREERS DAY 2026

We are currently looking for employers to come and talk to our children at our next careers day on **Thursday 12th March 2026**

The event will engage over one thousand children from all our 5 schools aged 7 to 16 years old

We are keen for our students to meet local employers from all sectors

Careers days are an excellent way for children to hear what local companies have to offer. Children can meet different employers, gain an understanding of what their jobs entail or the different roles available, and the skills that are needed to be successful in today's economy.

Colne Primet Academy
Dent Street
Colne, BB8 8JF



If you know of any local businesses interested in exhibiting for free at this event, please get in touch at jevetts@pendleeducationtrust.co.uk.



For more information or to request an exhibitor booking form please email JEvetts@pendleeducationtrust.co.uk

Personal Development

Personal Development

This and next week in Personal Development students have been looking at:

Year 7	Year 8	Year 9	Year 10	Year 11
Workplace skills Holocaust Memorial Day Study Skills Mental Health E Safety	Children's rights Study Skills Employability skills Mental Health E Safety	Children's rights Study Skills World of Work Mental Health E Safety	Relationship breakups Study Skills Mental Health E Safety	Perseverance Revision planning Study Skills Mental Health E Safety



Mrs Bielby
Head of Personal Development



THEMIS APPRENTICESHIP CAREERS EVENT

WEDNESDAY 21.01.26

Meet leading employers with upcoming Apprenticeship opportunities



South Farm Centre

OPEN EVENING

Tue 10 Feb

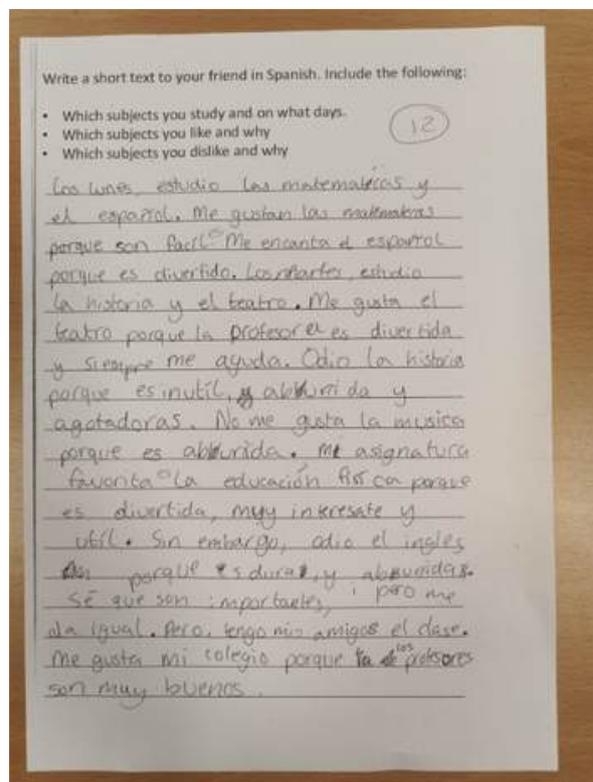
5.30pm - 8.30pm

BOOK NOW - burnley.ac.uk



Focus on Year 8

Welcome to the spring term, I hope everyone had a lovely break, I'd like to take this opportunity to wish you all a happy new year. Towards the end of last year year 8 celebrated their achievements in assembly and a significant number of students received their bronze badges and certificates, students also took part in numerous activities to beat the teacher as a reward for a positive attitude towards learning and good attendance. A reminder that the reward criteria for this half term is 95% positive behaviour ratio on class charts and 95% attendance. All data is reset at the start of each half term to give all students the opportunity to achieve these targets. overall year 8 attendance has improved throughout the year although it still stands below the national average and remains a focus for improvement for the remainder of the year. Year 8 have made a very positive start to the new term and have taken part in a special assembly this week where students heard some important messages regarding consequences of actions. I'm really proud to share some outstanding written work completed by a year 8 student in their Spanish lesson.

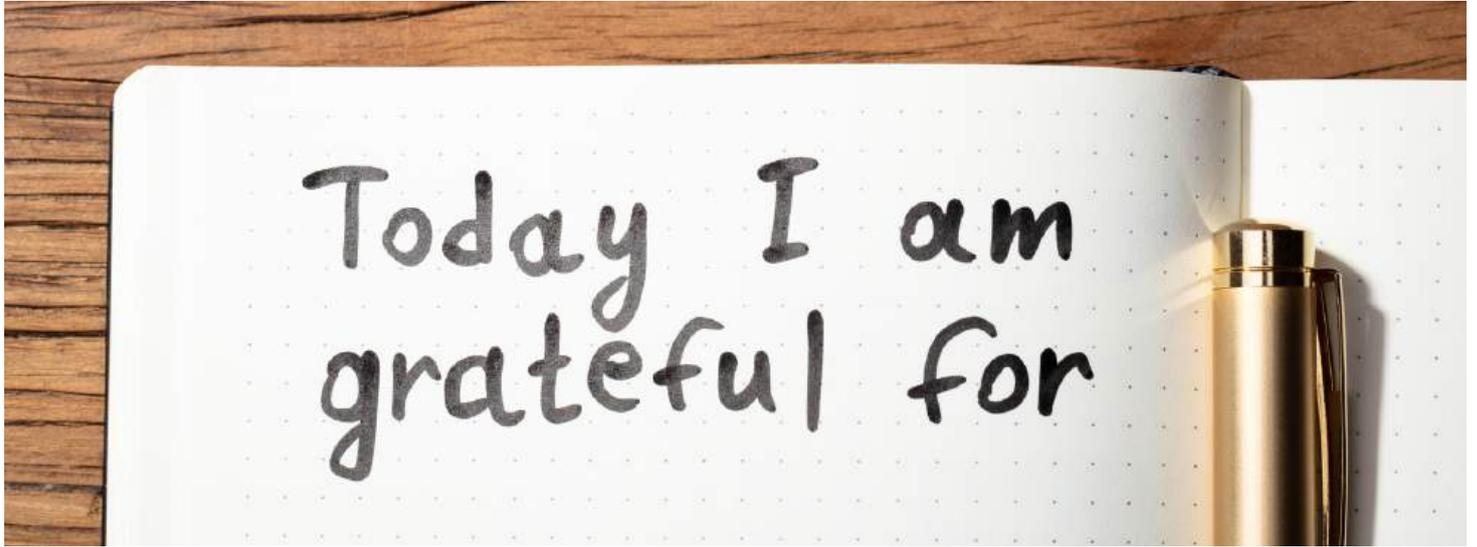


Mrs Heap
Head of Year 8



Assembly Theme

This week as part of our 'Rehearsal and Practice Week' assembly focused on the theme of gratitude. Students shared a range of examples of what they are grateful for including the love and support they receive from parents/carers and friends and the preparation of lessons and dedication from their teachers. We then discussed actions for how we can acknowledge our gratitude as part of our warm, welcoming and friendly culture and how that embodies being Proud to be Primet – so don't worry if they are in trouble if they suddenly start washing up after tea!



amatalks_onepunch

Thank you to Alicia Manners who came to speak to year 7 and 8 students on Thursday. She also came into school last year and has spoke to years 9, 10 and 11. Her message is an important one and was very hard hitting. Students were reminder that resorting to violence in any form can have devastating consequences. Students showed their Primet SELFs throughout and made us all 'Proud to be Primet.'



Support Accessing Free School Meals

If your child does not already have Free School Meals, you may be eligible if you get any of the following:

- Universal Credit with a household income of less than £7,400 a year (after tax and not including any benefits you get)
- Income-Based Jobseekers' Allowance
- Income-Related Employment and Support Allowance
- Child Tax Credit, not entitled to Working Tax Credit and household income less than £16,190
- Support under part VI of the Immigration and Asylum Act 1999
- Guarantee element of State Pension Credit
- Income Support
- Working Tax Credit 'run on' – the payment you receive for a further four weeks after you finish work

You can apply online, or there is information about how to apply by phone and post on the Lancashire County Council website: <https://www.lancashire.gov.uk/children-education-families/schools/free-school-meals/>

Applications need to go directly to Lancashire County Council and not to the school. If you would like support or need assistance with completing Free School Meal forms, or also travel pass application forms, you can contact the ELLIE Centre at Barden Campus. The phone number for parents/carers is **01282 682275** and the **ELLIE Centre is open to parents/carers Monday – Friday 09:00 a.m. – 1:00 p.m. during term-time.**

Drop in and see us:

Monday to Friday 9am – 1pm

**ELLIE at The Faith Centre, The Burnley Exchange, Barden Lane, Burnley,
Lancashire. BB10 1JD**



Lancashire
County
Council



East Lancashire
Learning and Information Exchange

UNIFORM REMINDER - school shoes

Our uniform is designed to be smart and simple. When worn correctly it brings great pride to students and the academy. Wearing a uniform demonstrates high standards, our academy values and a sense of community. Wearing the uniform shows you belong to our family and it's an expectation at the Academy.

Please be aware that some commercial retailers may label some part of their range as 'Schoolwear' when it is not. This is especially common in footwear. Both girls and boys are asked to wear black shoes. The pictures below may give some guidance as to appropriate footwear for girls and boys at Colne Primet Academy.



Details of our uniform are included in our parent handbook and on our website.

Please ensure your child is setting off to school meeting our uniform expectations. If you need any support with uniform or have any concerns please speak to your child's Head of Year or Pastoral Support Assistant.

Attendance Matters

Children and young people who miss school, miss out on not only learning and education, but also spending time with other children and friends, which helps with developing social and emotional skills. Children who miss school more than others, sometimes find it more difficult to keep friendships.

Some parents may say taking their children out of school for a few days won't impact on their children's education. Being at school every day means children's learning will improve, they will be able to attend all school activities like out-of-school clubs and school trips, and they will have better futures.

We understand everyone is sick sometimes, but regularly taking days off for illness is a cause for concern. Where possible, parents should encourage their children to come to school.

Long-term effects of missing school

If children are absent, it can impact not only on school grades, but their later life. If they're absent for five more days than the average, young people are more likely to not be in work by age 42 and have lower wages.

Keeping children safe

We want to ensure children and young people are in a safe space and not at risk of getting involved in crime and becoming exploited. The best way schools know children are safe during school hours is when they are in school.

Getting help

If children are struggling to attend school every day, please speak to the school to see what help might be available for both children and parents. This could include learning, mental health issues, or any other issues.

Did you know?

By going to school, children can meet with their friends for social and emotional development and not become isolated at home.

Children who stay away from school are struggling more with their mental health and some are even unable to leave home.

It's much more difficult for children to keep up with their education if they miss school and so fall behind – teachers have to make sure all students are progressing.

Teachers are following a curriculum, and if children have been out of the class, they may find the next bit of the topic much harder to understand.

Missing out on school adds up

80% attendance over a school year means your child misses a whole year of education over five years

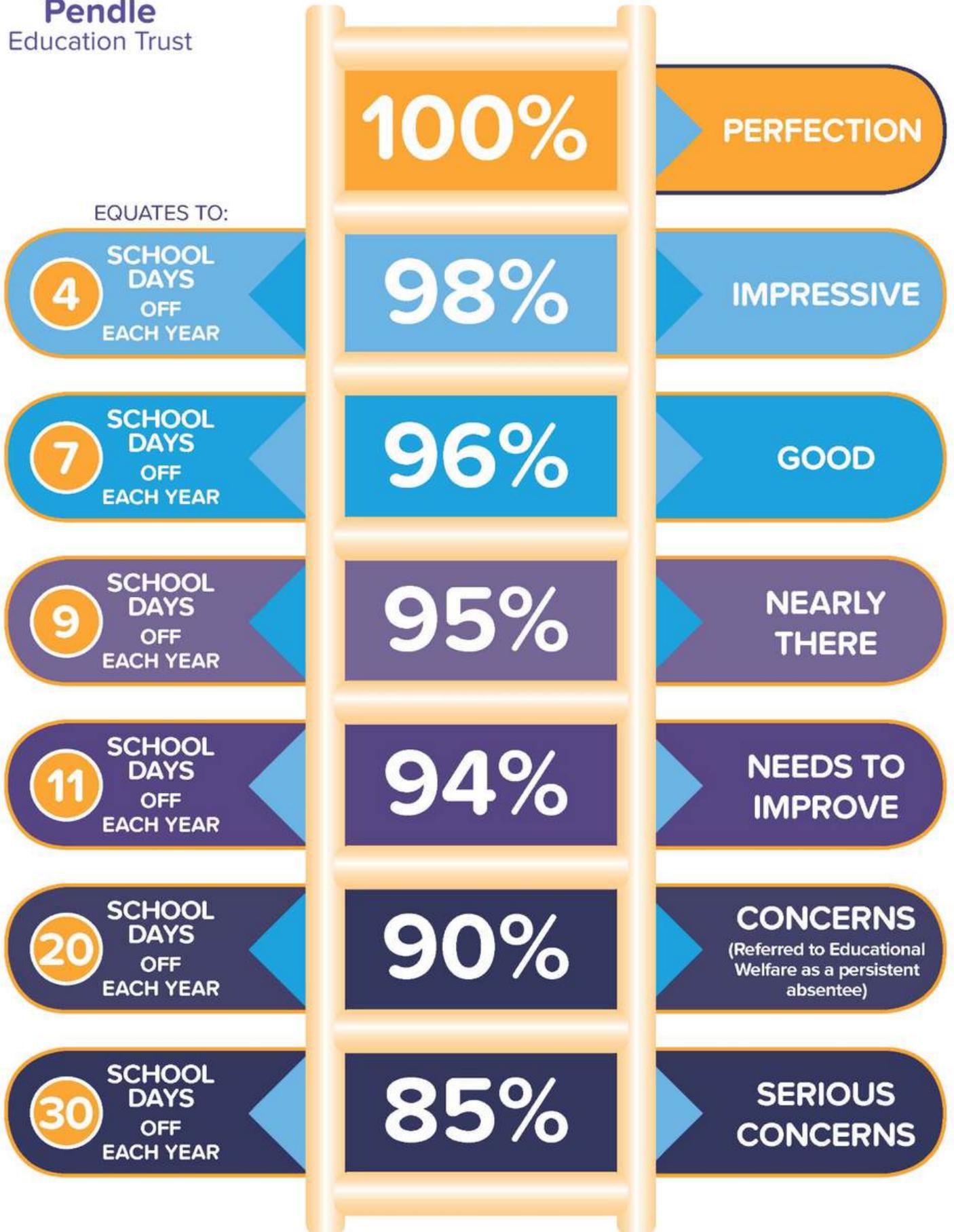
85% attendance means that 29 school days, nearly six weeks, or 145 lessons are missed over a year

90% attendance means 19 school days, four weeks or 95 lessons are missed over a year



Pendle
Education Trust

Attendance Ladder



Mirror, mirror on the wall, who's ready for the fairest show of all?

Colne Primet Academy proudly presents Snow White!

Join us for a magical evening filled with laughter, music, and a sprinkle of fairy-tale sparkle as our talented students bring this classic story to life on stage.

Dates: Tuesday 20th or Thursday 22nd January 2026

Time: 6:00–8:15pm

Log onto ParentPay to book tickets today!

We can't wait to see you there and share this enchanting performance!



COLNE PRIMET ACADEMY PRESENTS...

Snow White

Tuesday 20thth or Thursday 22nd January 2026

6:00pm - 8:15pm

**Tickets can be purchased on Parentpay
£5.00 per adult, £2.50 per child - £12.00 for
family of 4**

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 **ParentPay**

#PROUDTOBEPRI MET

Careers

Explore Your Future – College Open Events

Over the next few months, there are lots of exciting college open events taking place across our area. If you're in Year 10 or 11, this is the perfect opportunity to start exploring your next steps. Visiting different colleges will help you discover the courses, facilities and opportunities available – and give you a real feel for where you might want to study after West Craven. Make sure you get along to some of these events to find out more and start planning your future!



College Open Events

College Name	What do they offer?	When?
Nelson and Colne College	Vocational A-Levels T-Level Apprenticeship	Wednesday 15 th October 2025 - 5.30pm to 7.30pm Tuesday 11 th November 2025 - 5.30pm to 7.30pm Thursday 5 th February 2026 - 5.30pm to 7.30pm (Careers open event) Thursday 23 rd April 2026 - 5.30pm to 7.30pm (Year 7, 8, 9, 10 & 11 event) Thursday 25 th June 2026 – All day (New student day) Thursday 20 th August 2026 – All day (GCSE results day)
Accrington and Rossendale College	Vocational A-Levels T-Level Apprenticeship	Wednesday 22 nd October 2025- 5.30pm to 7.30pm Tuesday 3 rd February 2026 – 5.30 to 7.30pm Tuesday 28 th April 2026 – 5.30pm to 7.30pm (Careers open Event) Tuesday 28 th April 2026 – 5.30pm to 7.30pm (Year 7, 8, 9, 10 & 11 event) Friday 26 th June 2026 – All day (New student day) Thursday 20 th August 2026 – All day (GCSE results day)
Burnley College	Vocational A-Levels T-Level Apprenticeship	Tuesday 18 th November 2025 – 5.30pm to 7.30pm Wednesday 21 st January 2026 – 5.30pm to 7.30pm (Themis careers event) Tuesday 10 th February 2026 - 5.30pm to 7.30pm Wednesday 6 th May 2026 - 5.30pm to 7.30pm (Year 7, 8, 9, 10 & 11 event)
Craven College	Vocational T-Level Apprenticeship	Thursday 9 th October 2025 – 5.30pm to 7.30pm (Aviation Academy) Wednesday 15 th October 2025 – 5.30pm to 7.30pm (Aviation Academy) Monday 17 th November 2025 – 5.30pm to 7.30pm (Skipton) Wednesday 19 th November 2025 – 5.30pm to 7.30pm (Aviation Academy) Thursday 20 th November 2025 – 5.30pm to 7.30pm (The Aviation Academy) Wednesday 11 th February 2026 – 3.00pm to 6.30pm (Apprenticeship and careers fair at Craven College)
Myerscough College	Vocational T-Levels Apprenticeship	Saturday 15 th November 2025 – course advice morning Saturday 6 th December 2025 - course advice morning (Preston centre ONLY) Saturday 7 th February 2026 - course advice morning Saturday 18 th April 2026 - course advice morning
North Lancs Training Group	Apprenticeship	Wednesday 18 th March – 1pm to 6pm (Accrington) Thursday 26 th March – 1pm to 6pm (March)
Training 2000	Apprenticeship	Wednesday 28 th January – 4.30pm to 7.30pm Thursday 29 th January – 4.30pm to 7.30pm



Nelson and Colne College are delighted to invite our Year 10 and Year 11 students from school to join their upcoming free after-school academies this January and they have just added even more sessions!

These academies are a fantastic way for students to:
 Explore subjects they're passionate about
 Enjoy interactive activities
 Learn about careers, courses and apprenticeships
 Experience college life and meet tutors and other pupils

Upcoming Academies:

Future Engineers Academy
 Next Date: 13 Jan – NCC only

Future Construction Professional Academy
 Next Date: 21 Jan – ARC only

Future Digital/IT/Cyber Analyst Academy
 Next Date: 21 Jan – NCC & ARC

How to Apply

Your Guide to Applying to Nelson & Colne College

Choosing your course is a huge and exciting step, and while there is no one right way to apply, we've put together a guide to help you every step of the way with our Technical Connect programmes, which links you up with our staff, students, and curriculum advisors from the start.

Looking to explore our campus? Register for one of our open events on our website.

If you are ready to apply, [Click here](#).

Our step-by-step guide to joining us:

- 1 Do your research:**
Find out about your favourite subjects and career paths. Chat with friends, family, and teachers to figure out which of our amazing courses will help you get there.
- 2 Submit your application:**
Once you've decided, applying is easy! Follow the course link of your choice and apply via our online portal. We'll email you a confirmation of your application and a details page available at our Nelson campus and 7 levels, and all February for Technical Education.
- 3 Join our Connect events:**
After you apply, you'll be invited to special events where you can try out your chosen course, meet tutors, and make new friends before you even start!
- 4 Prepare for enrolment:**
Over the summer, we'll send you a guide with everything you need to know about officially joining us. Our Q&A module has links to your enrolment appointment to confirm your place. Don't worry if your intake isn't what you expected, we'll find an alternative course for you.

Still have questions?
 Our admissions team have got you covered!
 Here's what they can do:

- Offer course information and advice
- Process all college applications
- Offer you support throughout your application journey
- Answer any questions and provide all the information you need about enrolment.

01254 440272 [Email Now](#)

Future Construction Professionals Academy #1. Jan 2026 Accrington & Rossendale College

Future Engineers Academy #2. 13 Jan- 24 Feb 2026. Nelson & Colne College

ncc.
 Nelson & Colne
 College

Future Hairdresser Professional Academy #1.

Future Digital Analyst Academy

PE Extra-Curricular Sport (Spring Term 1 2026)



DAY	TIME	ACTIVITY	ROOM	STAFF
Monday	Lunchtime	Year 7 Badminton	Sports Hall	LHM/ CJO
Monday	After School	Badminton Team (invite Only)	Sports Hall	All PE Staff
Tuesday	Lunchtime	Year 8 Badminton Year 7 Badminton	Sports Hall	KDO / LHM EDR / CJO
Tuesday	After School	Badminton Tournaments team only Year 8 and 9 girls football in Feb @FM	Sports Hall	All PE Staff EDR / KDO
Wednesday	Lunchtime	Year 10 Badminton Year 9 Badminton	Sports Hall	KDO EDR / CJO
Wednesday	After school	Boys' Basketball all years Dance all years	Sports Hall Gym	CJO / LHM EDR / KDO
Thursday	Lunchtime	Year 10 Badminton Year 9 Badminton	Sports Hall	LHM/ EDR CJO/ KDO
Thursday	After School	STAFF MEETINGS	STAFF MEETINGS	STAFF MEETINGS
Friday	Lunchtime	Year 11 Badminton	Sports Hall	KDO/ CJO
Friday	After School	No Club		

New PE Extracurricular Sports – Spring Term 1

We're excited to launch our new range of PE extracurricular clubs for Spring Term 1! Students can now take part in a variety of lunchtime and after-school activities, including badminton, football and dance.

It's a great opportunity to stay active, have fun, and develop new skills – so get involved and give something new a try!



Extra-Curricular Programme – Spring 1 (2026)

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunchtime	Homework Support Club 12.20 -1pm (T12)	Homework Support Club 12.20 -1pm (T12)	Homework Support Club 12.20 -1pm (T12)	Homework Support Club (Maths) 12.20 -1pm (T12)	Homework Support Club 12.20 -1pm (T12)
After-school 3.20pm	Homework Support Club 15.20 - 4pm (Oracle)	Homework Support Club 15.20 - 4pm (Oracle)	Homework Support Club (Maths) 15.20 - 4pm ((Oracle)	Homework Support Club 15.20 - 4pm (Oracle)	Homework Support Club 15.20 - 4pm (Oracle)
	Reading, AR Quizzing, Exchanging books, Chess 3.20 - 4.15pm Ms Dawson Lib1 (Oracle)	Reading, AR Quizzing, Exchanging books, Chess 3.20 - 4.15pm Ms Dawson Lib1 (Oracle)	Reading, AR Quizzing, Exchanging books, Chess 3.20 - 4.15pm Ms Dawson Lib1 (Oracle)	Reading, AR Quizzing, Exchanging books, Chess 3.20 - 4.15pm Ms Dawson Lib1 (Oracle)	Reading, AR Quizzing, Exchanging books, Chess 3.20 - 4.15pm Ms Dawson Lib1 (Oracle)
	Board Games Club 3.20 - 4.15pm Ms Dawson Lib1 (Oracle)	Music Club 3.20-4.15pm Mr Husband and Miss Smalley (F11)	Choir 3.20 – 4.20pm Mrs Goldie (F11)	Free Film Screenings 3.20 - 4.15pm Ms Dawson Lib1 (Oracle) See posters for details of dates and times	Board Games Club 3.20 - 4.15pm Ms Dawson Lib1 (Oracle)
	Year 7 Science Club 3.20- 4.15pm Miss Flegg (M11 Science)	Photography Club KS3 F44 Art Room Mrs Holmes		Student Support* 3.20 - 4.15pm Casey S T (Cabin, Quad)	
	Performance Club 3.20-4.15 Mr Husband and Miss Smalley (F13, HALL)				

*This is tailored to the students' needs and interests.

Spring Term 1 Extracurricular Programme

We are pleased to share details of our Spring Term 1 extracurricular programme, which offers a wide range of lunchtime and after-school clubs designed to enrich students' learning and personal development. Opportunities available this half term include Homework Support Club, Performance Club, Music Club, Board Games Club and Science Club, alongside many other activities.

We encourage all students to review the full programme and take advantage of the clubs and support available.



Family Group Work

Supporting families of Young People experiencing substance misuse.

An 8 week programme looking at: –

- Patterns of Drug Use
- Understand the Cycle of Change
- Motivational communications
- Explore Relationship Styles
- The Drama Triangle and more

For more information or to make a referral, please contact: –

spoc.yalancs@wearewithyou.org.uk

Our online sessions start: –

21st January 2026

13:00 – 14:30

withyou
in Lancashire
for Young People



East Lancashire Young People's Mental Health

**Concerned about your Mental Health?
Are you under 18 or concerned about
someone under 18?**

Advice sessions are available on-line via
'Attend Anywhere'
Delivered by CYPMH East
tinyurl.com/ELCAS-LSCFT



Enter the word "CYPMH East" as the first name and "drop in" as the second name followed by your date of birth.
You will then enter our virtual waiting area where we will collect you.

Wednesday 7th January 2026

1pm – 3pm

Wednesday 14th January 2026

3pm – 5pm

Wednesday 21st January 2026

5pm – 7pm

Wednesday 28th January 2026

1pm – 3pm

What Parents & Educators Need to Know about MENTAL HEALTH & WELLBEING APPS

When looking at options for supporting a child's mental health, the sheer volume can be overwhelming. There are many wellbeing apps available, but unfortunately not all are trustworthy. It's important to evaluate which resources are suitable, reliable and effective. This guide lets you know what to consider before installing such an app, to determine just how useful it's going to be.

WHAT ARE THE RISKS?

QUALITY & RELIABILITY

Mental health apps can be a useful starting point when looking for wellbeing advice and strategies and can be a useful extension to the in-person services available. However, they aren't a substitute. Information on the quality of some of these apps is scarce. They may look cute and child-friendly, but have they been designed by a mental health professional? Furthermore, do they have research to back up their content?

PLACE RESPONSIBILITY ON CHILDREN

Some apps add the words 'kids' or 'children' to their title or use cartoon icons to make them more appealing to young people. When signing up for some of these apps, some will speak to the parent directly, saying something along the lines of "Your child is good to go. Let them take it from here". It's important to remain involved in the child's mental health journey, so regular check-ins are recommended.

DISREGARDING APPROPRIATE SUPPORT

Young people who feel anxious and have trouble sleeping may download a mindfulness app to help. While this is a good strategy initially, it's not addressing the root of the problem. A child could simply try managing these symptoms themselves (as opposed to speaking out and seeking professional help), which could potentially worsen their anxiety in the long run.

LACK OF PERSONALISATION

Mental health or wellbeing apps are useful tools for the short term, teaching users several helpful habits to manage their condition – such as keeping an illness diary, improving nutrition and practising mindfulness exercises. As every person is unique – and children especially will grow and develop in different ways – these apps struggle to tailor themselves to users' individual needs. For example, many apps don't distinguish between the ages of users and can offer extremely generic advice.

DATA SECURITY

As with any other app – not just those for mental health and wellbeing – it's wise to check out the privacy policy before downloading it. Some of these applications may share data with third parties for numerous reasons (such as targeted advertisements), and if a user is sharing personal and sensitive information within the app, they probably don't want it ending up elsewhere without their consent.

IN-APP PURCHASES

Many apps will provide their most basic features for free but will require you to pay for other aspects – such as a more tailored experience or access to additional resources. This could be a one-off fee or a regular subscription. Consider whether this is actually required. Is it benefiting the child, or could they receive the same support from a medical professional?

Advice for Parents & Educators

CHECK THE CREDIBILITY OF THE APP

Before you download a mental health and wellbeing app, investigate the developers. Have they consulted with qualified mental health professionals to create their resource? Also check whether the app is affiliated with any government or mental health organisations, as these are solid indicators of legitimacy. Reviews can also be a useful signpost to the app's quality. There are many good apps out there, but there are just as many that miss the mark.

SEEK PROFESSIONAL SUPPORT

Trusted mental health and wellbeing apps designed by qualified, reputable organisations can be used alongside the personalised advice and support of fully trained professionals. These apps should never be considered a substitute for counselling or other tailored medical help. If you have real concerns about a child's mental wellbeing, you should seek appropriate advice from a suitable source, such as their GP – or **Childline**, who can be contacted by calling 0800 1111.

READ THE PRIVACY POLICY

Look into the app's terms of service – especially its privacy policy. Do so by yourself first, then go over it with the child who is considering using the app, to ensure they know what data will be collected and how exactly it will be used. Use all of this information to make an educated decision on whether or not to download that particular app.

ENCOURAGE OPEN COMMUNICATION

Mental health and wellbeing apps can be useful for writing down feelings, tracking your own health and other such activities. These can help if the problem is short-term and temporary – such as a child getting stressed about approaching exams – or if you're currently waiting for professional support. Nonetheless, it is important that children aren't solely reliant on the app and have a safe space to talk about their feelings and experiences in the real world.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



#WakeUpWednesday

The National College

Colne Youth Action Group

Members only; membership is £5 per year
Join today at www.cyag.org/join

Mondays



Homework Support
3.50 - 4.50pm



Junior Youth Club
4.50 - 6.50pm



Senior Youth Club
7.00 - 9.00pm

Tuesdays



Sen-sational
4.50 - 6.50pm



The Sound House
6.50 - 8.50pm

Wednesdays



Homework Support
3.50 - 4.50pm



Junior Youth Club
4.50 - 6.50pm



Senior Youth Club
7.00 - 9.00pm

Thursdays



Cricket
3.50 - 4.50pm

CYAG

Find us @colneyag



Saturdays



Weekend Wanderers
10am - 4pm

Colne Youth Action Group, Colne, BB6 0BQ

LOOKING FOR THINGS TO DO THIS WINTER?

ARE YOU OR IS YOUR CHILD IN RECEIPT OF FREE SCHOOL MEALS?
HOLIDAY ACTIVITY AND FOOD PROGRAMME 2025
WINTER IN LANCASHIRE: EAT, PLAY, REPEAT!



#HAF 2025



Scan me to find out more, or
call in to your local Family Hub.

Funded by
Department
for Education

lancashire.gov.uk/events



Lancashire
County Council

talk zone

Talkzone has been providing confidential advice and support to children and young people in Lancashire for 30 years.

We are just a text, web chat or phone call away for anyone aged 0-19 or up to 25 if you have a learning difficulty or disability.

- Someone to talk to
- What age can I?
- Problems at home or school
- Mental health
- Jobs and training
- Self harm
- Apprenticeships
- Bullying
- Staying safe online
- Drugs and alcohol
- Sex and health
- Things to do
- Relationships
- Housing, rights and money

Talk online lancashire.gov.uk/youthzone
Text 07786 51 11 11
Call 0800 51 11 11
Find us on Facebook @LancashireYZ
Find us on Twitter @LancashireYPS

You can contact us from 2-10pm, 365 days a year.

lancashire.gov.uk



Lancashire
County Council