



Dear Parents/Carers,

Thank you to everyone who attended the Year 9 parents' evening last night. As we do at all parents' evenings, we asked for your feedback and we're really pleased with the feedback we received from this as it shows that you agree with our view of how well your Year 9 child is doing and how much they enjoy being part of our school community. Year 9 parents' evening is at this time in the year to support their initial thoughts about what they want to continue to study in KS4. There is no need to be making any choices just yet, as the remainder of this term is now about finding out more about each GCSE and vocational course with information in assemblies and lessons, and then leading up to our Personalised Choices evening just before Easter on Thursday 26th March when they will also get their options form.

Our next parents' evening is for Year 7 on Thursday 29th January, and Year 7 are currently making appointment times with their teachers. We look forward to having you all in school then. If you haven't already responded to the online survey to confirm you are attending, please let us know as soon as possible. Students were given a letter with a link to this, or you can phone the main office.

Year 10 have been prompted to ensure their work experience placements are organised and that they are returning their placement details as soon as possible, and it's getting competitive for which Year 10 form group will be the first to get all of their returned!

Similarly, Year 11 have been focusing on making sure college applications are completed with two days of in school application appointments for Nelson and Colne College, meetings with the careers advisor to support with CV writing, and further sessions lined up next week including an apprenticeships focused workshop on Friday. Form tutors and our careers team are tracking this closely to make sure everyone is sorted, but if you are concerned that child has not yet secured their place and needs additional support, please get in touch with Ms Lake or Mrs Sagar.

Please can I remind parents and carers that for the safety of our students, that if you are picking your child up from the bus turnaround loop of Gill Street and Francis Street that these roads are not blocked by cars waiting in the road. The increased movement of traffic puts the safety of our children and members of the community at increased risk. Wherever possible, please arrange to meet a short walk away to help reduce congestion around the school site. Thank you to those who arrange for their child to walk down to meet on the retail park near ASDA where there is more room. This gives the students the benefits of a short walk built into their daily routine and it helps reduce the congestion around the school site.

Principal's Awards

Awarded to the students in each year group with the highest number of Positive Points and 0 Negative Points each week.



J Pilkington
Principal

**Ava
(7T)**

**Asad
(8M)**

**Holly
(9A)**

**Inaaya
(10P)**

**Laiba
(11A)**



**Artsmark
Silver Award**
Awarded by Arts
Council England



Leading Parent
Partnership Award

2022-2025

Stars of the Week

Congratulations to this week's star students:

Year 7

P- Emelia
R- Malaika
I - Abdul
M - Isaac
E - Zacharia
T - Haleema
A - Skyla
HOY - Emelia

Year 8

P- Nimra
R- Taha
I - Emelia
M- Asad
E - Ethan
T - Amarah
A - Dua
HOY - Amarah

Year 9

P- Shawal
R- Lauren
I - Joel
M - Jack
E - Tina
T - Lauren
A - William
HOY - Lauren

Year 10

P- Muhammed
R- Simon
I - Mario
M - Mia
E - Subhan
T - Laura
A - Izhan
HOY - Alicia

Year 11

P- Rameen
R- Josie
I - Logan
M - Tom
E - Eduard
T - Mia
A - Isa
HOY - Josie

Primet Positive Focus: MOTIVATED

This week we have been focusing on our core value of being motivated. We set high aspirations and are driven to meet them. We value the importance of working hard to achieve our goals and the rewards gained from reaching them.



UNCRC Articles

As part of our UNICEF Rights Respecting Schools Award, we have been looking at each of the United Nations Convention on the Rights of a Child Articles. There are 54 Articles in total. This week we have been learning about:

- Article 18 - Parental responsibilities and state assistance: Both parents share responsibility for bringing up their child and should always consider what is best for the child. Governments must support parents by creating support services for children and giving parents the help they need to raise their children.
- Article 5 - Parental guidance and a child's evolving capacities: Governments must respect the rights and responsibilities of parents and carers to provide guidance and direction to their child as they grow up, so that they fully enjoy their rights. This must be done in a way that recognises the child's increasing capacity to make their own choices.



Upcoming Dates

- 20th and 22nd January – Snow White evening performances – buy your tickets on ParentPay
- 22nd January – Years 8 & 10 mid-year tracker reports issued
- 27th January – Year 9 Nelson & Colne College workshops
- 29th January – Year 7 Parents Evening, including mid-year tracker reports issued
- 2nd-13th February – Year 11 Mock Exams
- 3rd February – Breaking Point awareness presentation Year 9
- 4th February – Year 10 Lancashire Cyber Festival at Nelson & Colne College
- 6th February – NSPCC Number Day
- 10th February – Safer Internet Day

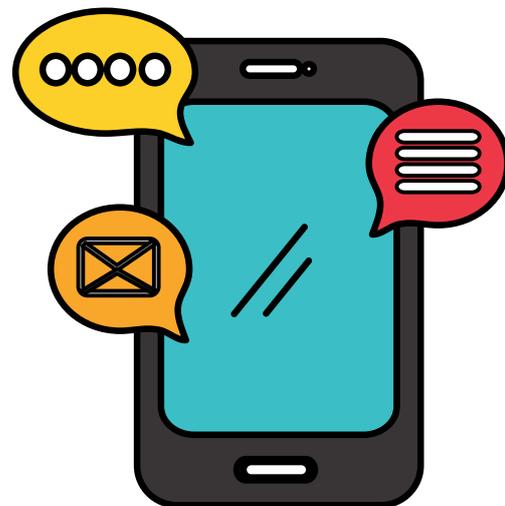


Expectations Reminder: Mobile Phones

We have a series of set routines which we all follow to help keep the academy safe and to make sure we focus on our learning and progress. These are shared regularly with students and displayed around school.

Mobile phones and personal electronic devices are allowed in school but must be switched off as they enter the school building and kept out of sight for the duration of the school day. They must be switched off and stored in bags.

If a mobile phone is seen during the school day, it will be confiscated by a member of staff and handed into the pastoral team where it can be collected at the end of the school day. On the first occasion it can be collected by the student. If this happens again, on the second occasion it will need to be collected by a parent/carer afterschool and if this continues to happen you will be invited in for a meeting to discuss the issue of your child not being able to adhere to academy rules.



Mobile devices can be a distraction to learning and pose a considerable safeguarding concern. Students may bring a phone to school with them for use on the way to and from school for personal safety reasons. We regularly review the policy on use of mobile phones to ensure we get the balance right between phones being a part of life in the 21st century and the impact on learning and the school.

Please do not make contact with your child on their mobile phone during the school day. This is encouraging them to break school rules, which is then putting the child in a difficult situation and causing conflicts for them at school. Rarely are these messages urgent, and could easily wait till the end of the school day, and where they are urgent contacting the school directly will be far more effective as we can then support you and your child as needed. If you do need to contact your child, please contact the Main Office who will pass on a message to your child. If your child needs to contact you for any reason, they can speak to a member of the pastoral team who will make arrangements when needed.



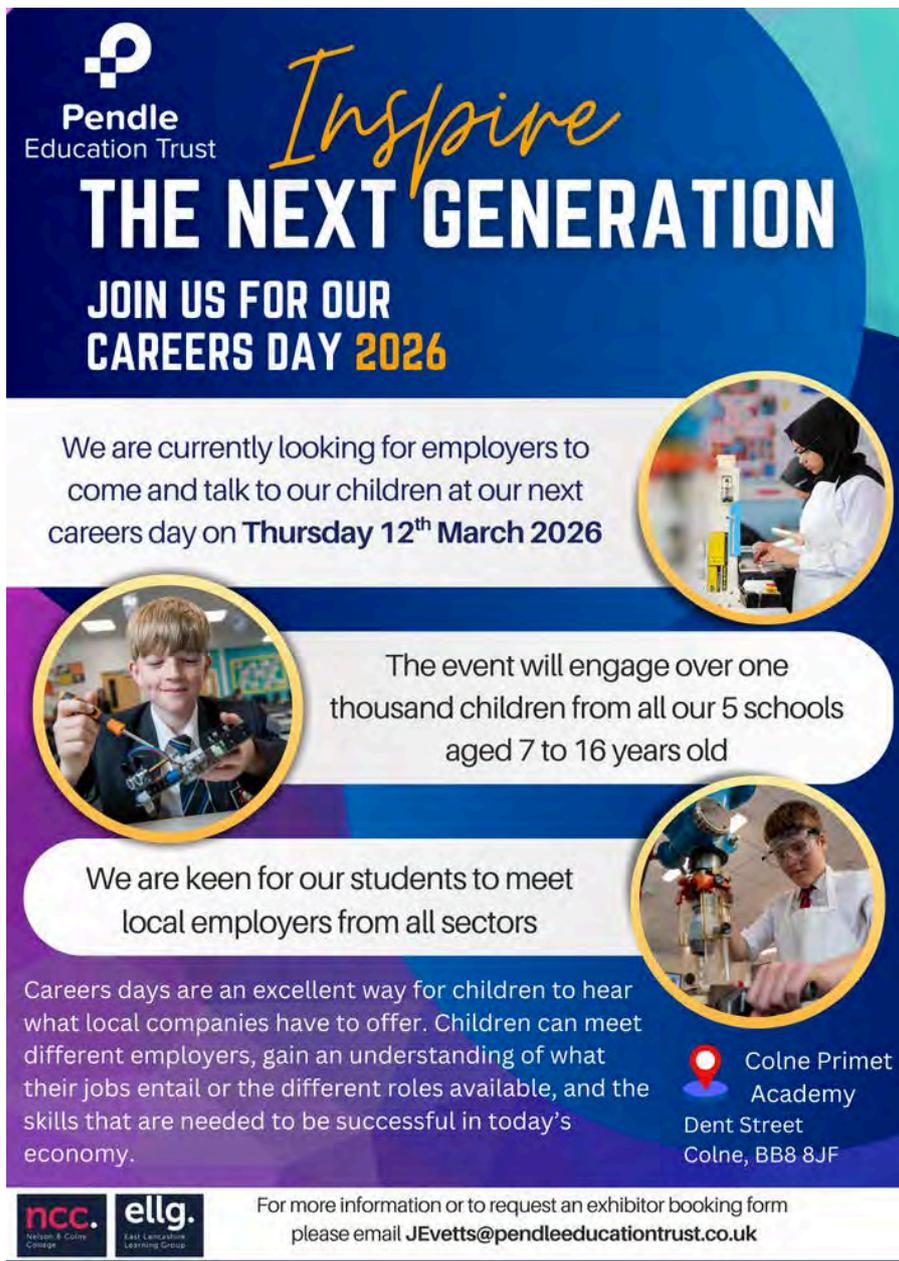
Pendle Education Trust Careers Day

On Thursday 12 March, we will be hosting the Pendle Education Trust Careers Day, with all students taking part in this exciting and informative event.

The Careers Day will bring together a wide range of local employers from across different sectors, giving students the opportunity to explore the world of work and learn more about the career opportunities available within our local community. Students will be able to speak directly with employers to gain insight into what different jobs involve, the variety of roles within each industry, and the skills and qualities needed to succeed in today's economy.

In addition, representatives from a selection of universities will be in attendance, alongside Nelson and Colne College, whose subject specialists will be delivering interactive activities and talking to students about their future pathways and next steps.

Hosting this event at Colne Primet Academy provides a valuable opportunity for our students to broaden their horizons, ask questions, and gain inspiration as they begin to think more carefully about their future education and career choices.



Pendle Education Trust

Inspire

THE NEXT GENERATION

JOIN US FOR OUR CAREERS DAY 2026

We are currently looking for employers to come and talk to our children at our next careers day on **Thursday 12th March 2026**

The event will engage over one thousand children from all our 5 schools aged 7 to 16 years old

We are keen for our students to meet local employers from all sectors

Careers days are an excellent way for children to hear what local companies have to offer. Children can meet different employers, gain an understanding of what their jobs entail or the different roles available, and the skills that are needed to be successful in today's economy.

Colne Primet Academy
Dent Street
Colne, BB8 8JF

ncc.
Nelson & Colne College

ncc. Nelson & Colne College
ellg. East Lancashire Learning Group

For more information or to request an exhibitor booking form please email JEvetts@pendleeducationtrust.co.uk

If you know of any local businesses interested in exhibiting for free at this event, please get in touch at jevetts@pendleeducationtrust.co.uk.

Year 7 Bridge Students Explore DNA Through Origami!

Our Year 7 Bridge students recently took part in a fascinating science activity with Miss Khan, bringing creativity and biology together in an unforgettable way.

As part of their genetics topic, students learned about the structure of DNA and then applied their knowledge by creating origami DNA models. This hands-on approach helped them visualize the iconic double helix shape while reinforcing key scientific concepts in a fun and engaging manner.

Activities like this not only deepen understanding but also spark curiosity and creativity—two essential ingredients for lifelong learning!

Well done to all our budding scientists for their fantastic work!



Focus on Year 9

Welcome to the start of our Spring term. Although now I am sure a distant memory, I hope everyone had a lovely break. Year 9 have returned after the break with a definite 'Proud to be Primet' attitude – their uniform looks great – thank you for ensuring this has been achieved.

Our assembly in the last week of term rewarded the achievements of students with year 9 celebrating and receiving certificates and value badges. It makes me proud to see students wearing these with pride on their blazers. A further reward was also given to students achieving the 95% positive behaviour ratio on ClassCharts and 95% attendance with our Beat The Teacher event which took place in school over a few days. Just to remind all parents and students – this data is reset again this term, so if you missed out last term on rewards, you have the opportunity this term to make the necessary adjustments and achieve.

Year 9 are focusing on homework submission this term as a priority to ensure that good habits and routines are established before they move into KS4 study – although it seems ages away, it will be with us before you know it! Daily access in the Homework Club is available at lunchtime and after school every day if your child is struggling to complete tasks at home. As parents/guardians I know some of you do this already, but you can track your child's behaviour and homework, content and submission, through the ClassCharts app. If you are struggling with accessing and/or using this app please speak with your child initially, they do know what you need to do or contact us here at school and we can go through it with you.

We also have our Year 9 Student Council members up and running in school, who last term delivered an assembly to the year group. They explained their focus in school to all of us and I will be working closely with them this term to discuss various student concerns being raised. Please remind your child to use these channels to air their views in school, positive and negative, in student voice activities. If we don't know, we can't do.



It was great to see so many of you attend the year 9 Parents Evening this week. I am sure some of you were amazed and proud of how well your child is progressing in school so far this year – the positive conversations experienced may have been a true eye opener to you. If you still have any unresolved questions, please don't hesitate to get in touch either with the Pastoral Team myself and Ms Said, or your child's Form Tutor or the individual subject teacher for more clarification. As always your support is very much appreciated.



Mrs Smith
Head of Year 9

Curriculum Update History

This half-term marks the start of some significant topics across Key Stage 3 History.

For Year 9, they are starting their study of the Holocaust where they will discuss complex themes such as identity, persecution and prejudice. As well as assessing the horrific events that occurred in 1930-1940s Germany and other Nazi-controlled states, they are also learning about the role that Britain played at this time. After watching a well-known clip from 'That's Life' from 1988, students had lively discussions about the role of Nicholas Winton who was identified as saving hundreds of children through his Czech Kindertransport operation. In the clip, Winton is surrounded by many of the children that he saved, that by this point had grown into adults and had lived in England for years, thanks to Winton's bravery and dedication. One Year 9 student pointed out 'he must not have wanted to be famous if he went all those years without people knowing about him and what he did'. It has been interesting to hear student responses so far, who are listening and learning with maturity and respect for such a significant topic.

Year 8 students have begun to study the slave trade and the rise of slavery from the 1500s. So far, they have learnt about how the slave trade started as well as addressing common misconceptions about Africa at that time, including learning about the success of trade and education in places such as Mali in West Africa. Again, students have shown the up-most respect and maturity whilst learning about such an important topic within their curriculum.

Ms Hunt
2nd in Humanities &
Teacher of History



Girls U14 Badminton Success!

All the girls showcased an outstanding level of skill and determination this week, with at least one Primet runner-up on every court!

A special congratulations to Jessica for reaching the semi-finals and Amarah for making it all the way to the final.

We are incredibly proud of their achievements and the team spirit shown throughout the event.

#proudtobeprimet



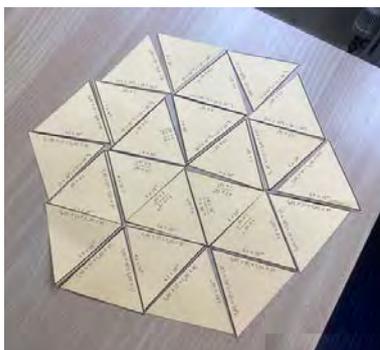
SLT Information and Updates

We hope you had a restful and joyful Christmas break. As we begin the new term, we are delighted to see our students returning to school with enthusiasm and a positive attitude toward learning. This term, our focus remains on fostering lifelong learners who are committed to making steady progress. Teachers are working closely with students to help them settle back into lessons, maintain focus, and build on the strong routines developed in the first half of the academic year. Classroom Routines and Being Equipped for Learning

We have been reinforcing the importance of routines that support effective learning. Students are expected to arrive fully equipped for lessons, including their knowledge organisers, reading book, and pen, pencil, ruler. These habits help create a calm and purposeful learning environment where every student can thrive.

Mid-Year Assessments

Students have recently completed their mid-year assessments, and feedback will be shared to help them reflect on their achievements and identify areas for improvement. This feedback is an important tool in guiding their learning journey and ensuring they continue to make progress. I've included some examples of fantastic student work which I have seen in lessons over the last two weeks.



SC5a Formation of Ions

1. Use the words below to complete sentences a-e.
 charge anions positively gain negatively atom ionic lose atoms cations

a. An ion is the name for an atom or group of atoms that has lost or gained electrons and has a charge.

b. Metal atoms lose electrons to form positively charged ions.

c. Non-metal atoms gain electrons to form negatively charged ions.

d. Positive ions are known as anions and negative ions are called cations.

e. Positive and negative ions can form a strong attraction to one another which is called an ionic bond.

2. Complete the table to show what happens when these atoms form ions.

Atomic symbol	Electron config.	Metal or non-metal?	Number of electrons			Formula of ion
			In the atom?	Lost or gained? How many?	In the ion?	
Li	2.1	metal	3	Lost 1	2	Li ⁺
Na	2.8.1	metal	11	Lost 1	10	Na ⁺
K	2.8.8.1	metal	19	Lost 1	18	
Mg	2.8.2	metal	12	Lost 2	10	
Ca	2.8.8.2	metal	20	Lost 2	18	
O	2.6	non	8	gain 2	10	
S	2.8.6	non	16	gain 2	18	

Tuesday 13th January 2026

Questions 2 and 3

Source A	Source B
<ul style="list-style-type: none"> Propagandist for the Conservative Party. managed decline wanted to break the organised working class. Tried to break down the working class. Unemployment and poverty rates were high. Condoned relentless stop and search towards black people communities. Caused riots / unrest Had a negative impact on female workers. 	<ul style="list-style-type: none"> Privatisation / corporatisation conservatism micromanagement of the state opposed the status quo.

Source A suggests Thatcher broke "the organised working class". This implies that Thatcher wants to weaken the solidarity of workers because bringing together gives them strength. However, in Source B the writer states that Thatcher has a "willingness to stand up to tyranny" portraying that perhaps Thatcher is not ruling in a powerful threatening way at all.



L Brown
Deputy Principal

Mirror, mirror on the wall, who's ready for the fairest show of all?

Colne Primet Academy proudly presents Snow White!

Join us for a magical evening filled with laughter, music, and a sprinkle of fairy-tale sparkle as our talented students bring this classic story to life on stage.

Dates: Tuesday 20th or Thursday 22nd January 2026

Time: 6:00–8:15pm

Log onto ParentPay to book tickets today!

We can't wait to see you there and share this enchanting performance!



COLNE PRIMET ACADEMY PRESENTS...

Snow White

Tuesday 20thth or Thursday 22nd January 2026

6:00pm - 8:15pm

**Tickets can be purchased on Parentpay
£5.00 per adult, £2.50 per child - £12.00 for
family of 4**

Mirror, mirror on the wall, who's ready for the fairest show of all?

Colne Primet Academy proudly presents Snow White!

Join us for a magical evening filled with laughter, music, and a sprinkle of fairy-tale sparkle as our talented students bring this classic story to life on stage.



 **ParentPay**

#PROUDTOBEPIMET

Careers

Explore Your Future – College Open Events

Over the next few months, there are lots of exciting college open events taking place across our area. If you're in Year 10 or 11, this is the perfect opportunity to start exploring your next steps. Visiting different colleges will help you discover the courses, facilities and opportunities available – and give you a real feel for where you might want to study after West Craven. Make sure you get along to some of these events to find out more and start planning your future!



College Open Events

College Name	What do they offer?	When?
Nelson and Colne College	Vocational A-Levels T-Level Apprenticeship	Wednesday 15 th October 2025 - 5.30pm to 7.30pm Tuesday 11 th November 2025 - 5.30pm to 7.30pm Thursday 5 th February 2026 - 5.30pm to 7.30pm (Careers open event) Thursday 23 rd April 2026 - 5.30pm to 7.30pm (Year 7, 8, 9, 10 & 11 event) Thursday 25 th June 2026 – All day (New student day) Thursday 20 th August 2026 – All day (GCSE results day)
Accrington and Rossendale College	Vocational A-Levels T-Level Apprenticeship	Wednesday 22 nd October 2025- 5.30pm to 7.30pm Tuesday 3 rd February 2026 – 5.30 to 7.30pm Tuesday 28 th April 2026 – 5.30pm to 7.30pm (Careers open Event) Tuesday 28 th April 2026 – 5.30pm to 7.30pm (Year 7, 8, 9, 10 & 11 event) Friday 26 th June 2026 – All day (New student day) Thursday 20 th August 2026 – All day (GCSE results day)
Burnley College	Vocational A-Levels T-Level Apprenticeship	Tuesday 18 th November 2025 – 5.30pm to 7.30pm Wednesday 21 st January 2026 – 5.30pm to 7.30pm (Themis careers event) Tuesday 10 th February 2026 - 5.30pm to 7.30pm Wednesday 6 th May 2026 - 5.30pm to 7.30pm (Year 7, 8, 9, 10 & 11 event)
Craven College	Vocational T-Level Apprenticeship	Thursday 9 th October 2025 – 5.30pm to 7.30pm (Aviation Academy) Wednesday 15 th October 2025 – 5.30pm to 7.30pm (Aviation Academy) Monday 17 th November 2025 – 5.30pm to 7.30pm (Skipton) Wednesday 19 th November 2025 – 5.30pm to 7.30pm (Aviation Academy) Thursday 20 th November 2025 – 5.30pm to 7.30pm (The Aviation Academy) Wednesday 11 th February 2026 – 3.00pm to 6.30pm (Apprenticeship and careers fair at Craven College)
Myerscough College	Vocational T-Levels Apprenticeship	Saturday 15 th November 2025 – course advice morning Saturday 6 th December 2025 - course advice morning (Preston centre ONLY) Saturday 7 th February 2026 - course advice morning Saturday 18 th April 2026 - course advice morning
North Lancs Training Group	Apprenticeship	Wednesday 18 th March – 1pm to 6pm (Accrington) Thursday 26 th March – 1pm to 6pm (March)
Training 2000	Apprenticeship	Wednesday 28 th January – 4.30pm to 7.30pm Thursday 29 th January – 4.30pm to 7.30pm



Nelson and Colne College are delighted to invite our Year 10 and Year 11 students from school to join their upcoming free after-school academies this January and they have just added even more sessions!

These academies are a fantastic way for students to:
Explore subjects they're passionate about
Enjoy interactive activities
Learn about careers, courses and apprenticeships
Experience college life and meet tutors and other pupils

Upcoming Academies:

Future Engineers Academy
Next Date: 13 Jan – NCC only

Future Construction Professional Academy
Next Date: 21 Jan – ARC only

Future Digital/IT/Cyber Analyst Academy
Next Date: 21 Jan – NCC & ARC



Future Construction Professionals Academy #1. Jan 2026 Accrington & Rossendale College

Future Engineers Academy #2. 13 Jan- 24 Feb 2026. Nelson & Colne College



Future Hairdresser Professional Academy #1.

Future Digital Analyst Academy

PE Extra-Curricular Sport (Spring Term 1 2026)

DAY	TIME	ACTIVITY	ROOM	STAFF
Monday	Lunchtime	Year 7 Badminton	Sports Hall	LHM/ CJO
Monday	After School	Badminton Team (invite Only)	Sports Hall	All PE Staff
Tuesday	Lunchtime	Year 8 Badminton Year 7 Badminton	Sports Hall	KDO / LHM EDR / CJO
Tuesday	After School	Badminton Tournaments team only Year 8 and 9 girls football in Feb @FM	Sports Hall	All PE Staff EDR / KDO
Wednesday	Lunchtime	Year 10 Badminton Year 9 Badminton	Sports Hall	KDO EDR / CJO
Wednesday	After school	Boys' Basketball all years Dance all years	Sports Hall Gym	CJO / LHM EDR / KDO
Thursday	Lunchtime	Year 10 Badminton Year 9 Badminton	Sports Hall	LHM/ EDR CJO/ KDO
Thursday	After School	STAFF MEETINGS	STAFF MEETINGS	STAFF MEETINGS
Friday	Lunchtime	Year 11 Badminton	Sports Hall	KDO/ CJO
Friday	After School	No Club		

New PE Extracurricular Sports – Spring Term 1

We're excited to launch our new range of PE extracurricular clubs for Spring Term 1! Students can now take part in a variety of lunchtime and after-school activities, including badminton, football and dance.

It's a great opportunity to stay active, have fun, and develop new skills – so get involved and give something new a try!



Extra-Curricular Programme – Spring 1 (2026)

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunchtime	Homework Support Club 12.20 -1pm (T12)	Homework Support Club 12.20 -1pm (T12)	Homework Support Club 12.20 -1pm (T12)	Homework Support Club (Maths) 12.20 -1pm (T12)	Homework Support Club 12.20 -1pm (T12)
After-school 3.20pm	Homework Support Club 15.20 - 4pm (Oracle)	Homework Support Club 15.20 - 4pm (Oracle)	Homework Support Club (Maths) 15.20 - 4pm ((Oracle)	Homework Support Club 15.20 - 4pm (Oracle)	Homework Support Club 15.20 - 4pm (Oracle)
	Reading, AR Quizzing, Exchanging books, Chess 3.20 - 4.15pm Ms Dawson Lib1 (Oracle)	Reading, AR Quizzing, Exchanging books, Chess 3.20 - 4.15pm Ms Dawson Lib1 (Oracle)	Reading, AR Quizzing, Exchanging books, Chess 3.20 - 4.15pm Ms Dawson Lib1 (Oracle)	Reading, AR Quizzing, Exchanging books, Chess 3.20 - 4.15pm Ms Dawson Lib1 (Oracle)	Reading, AR Quizzing, Exchanging books, Chess 3.20 - 4.15pm Ms Dawson Lib1 (Oracle)
	Board Games Club 3.20 - 4.15pm Ms Dawson Lib1 (Oracle)	Music Club 3.20-4.15pm Mr Husband and Miss Smalley (F11)	Choir 3.20 – 4.20pm Mrs Goldie (F11)	Free Film Screenings 3.20 - 4.15pm Ms Dawson Lib1 (Oracle) See posters for details of dates and times	Board Games Club 3.20 - 4.15pm Ms Dawson Lib1 (Oracle)
	Year 7 Science Club 3.20- 4.15pm Miss Flegg (M11 Science)	Photography Club KS3 F44 Art Room Mrs Holmes		Creative Writing 3.20 - 4.15pm Casey S T (M17)	
	Performance Club 3.20-4.15 Mr Husband and Miss Smalley (F13, HALL)				

Spring Term 1 Extracurricular Programme

We are pleased to share details of our Spring Term 1 extracurricular programme, which offers a wide range of lunchtime and after-school clubs designed to enrich students' learning and personal development. Opportunities available this half term include Homework Support Club, Performance Club, Music Club, Board Games Club and Science Club, alongside many other activities.

We encourage all students to review the full programme and take advantage of the clubs and support available.



Family Group Work

Supporting families of Young People experiencing substance misuse.

An 8 week programme looking at: –

- Patterns of Drug Use
- Understand the Cycle of Change
- Motivational communications
- Explore Relationship Styles
- The Drama Triangle and more

For more information or to make a referral, please contact: –

spoc.yalancs@wearewithyou.org.uk

Our online sessions start: –

21st January 2026

13:00 – 14:30

withyou
in Lancashire
for Young People



East Lancashire Young People's Mental Health

**Concerned about your Mental Health?
Are you under 18 or concerned about
someone under 18?**

Advice sessions are available on-line via
'Attend Anywhere'
Delivered by CYPMH East
tinyurl.com/ELCAS-LSCFT



Enter the word "CYPMH East" as the first name and "drop in" as the second name followed by your date of birth.
You will then enter our virtual waiting area where we will collect you.

Wednesday 7th January 2026

1pm – 3pm

Wednesday 14th January 2026

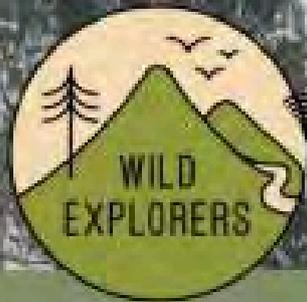
3pm – 5pm

Wednesday 21st January 2026

5pm – 7pm

Wednesday 28th January 2026

1pm – 3pm



Wild Explorers: Into The Wild

A 2-day experience for young people aged 10 - 16. Into The Wild provides an opportunity for young people to unplug from technology and benefit from all that nature has to offer.

Into The Wild is a 2-day experience that will give young people (10-16 years) increased responsibility and challenge.

You will have the opportunity to set up your own shelter, make your own campfire, plan the menu and cook the food on the fire along with other activities on the day.

The 2 days will be centred around building confidence, leadership, teamwork and resilience.



Price

£95 per child for 2 days inc food
Childcare vouchers accepted

Age

10 - 16 years

Must be in year 5 or above

Upcoming Dates

16th & 17th February 2026

Please note: this is a 2 day experience.



Time

9.30am - 3.30pm

Location

Broughton Hall Estate



hello@wildexplorers.org.uk



www.wildexplorers.org.uk

10 Top Tips for Parents and Educators

GUIDING YOUNG VOICES TO MAKE A DIFFERENCE

Bullying impacts the lives of many young people. In the UK, one in five pupils aged 10 to 15 report being bullied. The effects can be long lasting, affecting mental health, school attendance and self-esteem, and can impact long-term development into adult life. Adults play a key role in building young people's confidence to speak out, support one another, and stand up to unkind behaviour. This guide offers ways to help youngsters make a positive difference.

1 CELEBRATE DIFFERENCES

Help young people value diversity by showing that what makes us different is also what makes us strong. Encourage them to learn about different cultures, identities, and abilities through books, films, and conversations. By appreciating uniqueness in themselves and others, children can grow into open-minded individuals who build inclusive and welcoming environments.

2 MODEL RESPECT

Children watch and learn from how adults behave. Use respectful language, show patience in disagreements, and treat others with fairness – especially in front of children. By modelling inclusive behaviour and challenging unkindness, adults set a lasting example that respect should be part of every interaction, whether online, at school, or at home. Be the change you want to make.

3 SPOT THE SIGNS

Adults and young people should learn how to recognise signs that someone may be experiencing bullying. This might include withdrawal from friends, hobbies or interests, changes in mood, reluctance to go to school, or unusual injuries. Helping young people recognise these clues ensures that support can be offered sooner and problems do not go unnoticed.

4 VALIDATE FEELINGS

When a child shares something that worries them, it's important to listen carefully and validate how they feel. Respond with empathy – not judgement – and let them know it's okay to feel upset or confused. Offering reassurance and understanding helps young people feel safe about opening up, and builds the trust needed to talk again in future.

5 TEACH ALLYSHIP

Show children how to stand up for others in safe, respectful ways. Allyship might look like sitting next to someone who's been excluded, reporting hurtful behaviour, or speaking up when they witness bullying. By practising these responses together, you're helping children develop the courage to be kind and to take action when it really counts.

6 PROMOTE REPORTING

Ensure young people know how to report bullying and feel confident that they'll be taken seriously. Talk to them about who they can speak to and what to expect when they do, such as reporting school incidents to teachers, and out-of-school bullying to parents or teachers. Reassure them that reporting is a brave and helpful choice – not tattling – and that it plays a vital role in keeping everyone safe.

7 ENCOURAGE KINDNESS

Everyday acts of kindness can make a big difference in creating safer, happier spaces. Encourage children to look out for one another by being helpful, saying kind words, or including someone who feels left out. These small actions set a strong example that kindness matters, and that it can be a powerful response to bullying.

8 USE YOUR VOICE

Encourage young people to speak up for themselves and others. Whether through storytelling, school campaigns, or peer-led projects, children can learn that their voice has power. Support them to express themselves confidently and safely, helping them understand that sharing experiences can challenge injustice and inspire real change in their communities.

9 BUILD COMMUNITY AND BELONGING

Children thrive when they feel supported. Help them build strong friendships, join clubs or teams, and connect with trusted adults who care. These networks offer comfort, encouragement, and protection – particularly during challenging times. Remind children that they don't have to face difficulties alone and that support is always within reach.

10 SUSTAIN THE CONVERSATION

Bullying awareness shouldn't be limited to one week each year. Create regular opportunities to talk about kindness, respect, and inclusion. Use books, news stories, and personal experiences as conversation starters. Embed anti-bullying initiatives into the school, and make tackling bullying a shared, ongoing commitment.

Meet Our Expert

Robert Allsop is an experienced pastoral and safeguarding practitioner, specialising in tutorials, behaviour interventions, and attendance management. A recipient of the Diana Award for Anti-Bullying, he has helped raise standards and improve Ofsted outcomes in some of the country's most challenging schools and colleges.



#WakeUpWednesday

The National College

See full reference list on our website.

Colne Youth Action Group

Members only; membership is £5 per year
Join today at www.cyag.org/join

Mondays



Homework Support
3.30 - 4.30pm



Junior Youth Club
4.30 - 6.30pm



Senior Youth Club
7.00 - 9.00pm

Tuesdays



Sensational
4.30 - 6.30pm



The Sound House
6.30 - 8.30pm

Wednesdays



Homework Support
3.30 - 4.30pm



Junior Youth Club
4.30 - 6.30pm



Senior Youth Club
7.00 - 9.00pm

Thursdays



Cricket
3.30 - 4.30pm

CYAG

Find us online at



Saturdays



Weekend Wanderers
10am - 4pm

Colne Youth Action Group, Colne, BB6 0BQ
Registered 10/11/2019

LOOKING FOR THINGS TO DO THIS WINTER?

ARE YOU OR IS YOUR CHILD IN RECEIPT OF FREE SCHOOL MEALS?
HOLIDAY ACTIVITY AND FOOD PROGRAMME 2025
WINTER IN LANCASHIRE: EAT, PLAY, REPEAT!



#HAF 2025



Scan me to find out more, or
call in to your local Family Hub.

Funded by
Department
for Education

lancashire.gov.uk/events



Lancashire
County Council



talk zone

Talkzone has been providing confidential advice and support to children and young people in Lancashire for 30 years.

We are just a text, web chat or phone call away for anyone aged 0-19 or up to 25 if you have a learning difficulty or disability.

- Someone to talk to
- What age can I?
- Problems at home or school
- Mental health
- Jobs and training
- Self harm
- Apprenticeships
- Bullying
- Staying safe online
- Drugs and alcohol
- Sex and health
- Things to do
- Relationships
- Housing, rights and money

Talk online lancashire.gov.uk/youthzone
Text 07786 51 11 11
Call 0800 51 11 11
Find us on Facebook @LancashireYZ
Find us on Twitter @LancashireYPS

You can contact us from 2-10pm, 365 days a year.

lancashire.gov.uk



Lancashire
County Council

