



Dear Parents/Carers,

From everyone at Primet, we wish Eid Mubarak to all of our students and families celebrating following the month of Ramadan.

We're almost at the Easter holidays, with just one more week before we break up for the holidays on Friday 27th March, and what a final week of the term it is going to be! We start on Monday with Culture Day, led by our Prefect Team, celebrating the diversity and inclusivity of our Primet community. They have worked hard on planning this, and are really proud of what they have done to build on last year's launch. In addition to the celebration of culture, they have organised a wide range of fundraising activities to raise funds for their chosen charity. This year the prefect team have selected Children with Cancer UK. Students will be taking part in lessons as normal and the general running of the day will be the same, but there are two important aspects for the day: students being able to wear their own cultural clothing (£1) and prefect activity stalls (50p or £1 each) during lunchtime. If they have PE, they need to be in their normal PE kit, but will be experiencing a workshops with 2 Olympic GB athletes! More information about the day and expectations is included below.

On Wednesday we have 3 trips happening – Year 11 are being rewarded with the top improvers in their February mocks compared to their October mocks are going bowling. Whether students have achieved this reward or not, there was improvement across the board and they now need to think positively going forwards about how much they could improve again from here. There's as much time between October to February as there is February to May/June.

Some of our star Year 9 students who have maintained their 100% behaviour ratio through to this mid-point in the year with 0 negatives and a huge number of positives, are being rewarded with a gaming experience trip at Craven College. And finally, all of Year 7 are going to Gawthorpe Hall for a Shakespeare experience with the English team.

Thursday evening is then our Power to Perform and Personalised Choices Evening for Years 9 and 10. Students should attend in school uniform, as with all academy events, and will not be able to attend the event unless accompanied by a parent/carer. The evening is based in our Humanities block which can be accessed just past PE where we hold our parents' evenings, with parking available in the main car park and also on the Senior Yard. This evening is an opportunity for you and your Year 9 child to come into school to find out more information about the KS4 courses available, what each one involves and the options it can lead to for future study and employment. This event takes place just ahead of students making their KS4 personalised choices, which will be explained on the evening along with students collecting their personalised choices form to complete and return. Parents/carers and Year 10 students are invited to the 'Power to Perform' evening where they can access revision materials and guidance for their GCSE and vocational qualifications as well as attend a presentation about how best to revise and how you can support this at home. This is a key event for Year 10 students who are mid-way through their KS4 qualifications at this time, and to get revision tips and guidance ahead of going into their final year. There will also be information for Year 10 about the upcoming residential.

Principal's Awards

Awarded to the students in each year group with the highest number of Positive Points and 0 Negative Points each week.



J Pilkington
Principal

Lucas
(7E)

Asad (8M)
Adam (8M)

Tylie
(9I)

Savisa
(10A)

Alissia
(11E)



Artsmark
Silver Award
Awarded by Arts
Council England



Leading Parent
Partnership Award

2022-2025

Stars of the Week

Congratulations to this week's star students:

Year 7

P- Abdullah
R- Victoria
I - Elijah
M - Ida
E - Madina
HOY - Ida

Year 8

P- Annie
R- Jessika
I - Kiran
M - Asad
E - Gabriella
T - Maya
HOY - Mohammed

Year 9

P- Thomas
R- Zainab
I - Jenson
M - Ibrahim
E - Hiba
T - Wehab
A - Holly
HOY - Daniel

Year 10

P- Niniola
R- Laurie-Kate
I - Isabella
M - Niamh
E - Saba
T - Eleanor
A - Erin
HOY - Bailey

Year 11

P- Abdul
R- Mohamed
I - Mohammed
M - Tom
E - Giorgia
T - Hasher
A - Demi
HOY - Seheri

Primet Positive Focus:

This week we have been focusing on our core value of being together. The academy community works together for the benefit of all. We value teamwork and collaboration, within the academy community and with our external partners.



UNCRC Articles

As part of our UNICEF Rights Respecting Schools Award, we have been looking at each of the United Nations Convention on the Rights of a Child Articles. There are 54 Articles in total. This week we have been learning about:



- Article 28 - Right to education: Every child has the right to an education. Primary education must be free and different forms of secondary education must be available to every child. Discipline in schools must respect children's dignity and their rights. Richer countries must help poorer countries achieve this.

Upcoming Dates

- 23rd March – Culture Day, including 2 British Olympics Athletes in school running sports events
- 23rd to 25th March – UV Dodgeball reward events afterschool
- 24th March – Year 8 girls rugby tournament trip
- 25th March – Year 7 English Shakespeare trip to Gawthorpe Hall
- 25th March – Year 9 100% ratio reward gaming trip
- 25th March – Year 11 most improved mock results reward trip
- 26th March – Year 9 Personalised Choices Evening
- 27th March – Year 11 Educational Records App verification & set up
- 27th March – Last day of term, normal finish time at 3.20pm
- 13th April – First day of Summer term, normal start time, in the yards ready for line up at 8.45am
- 16th April – Year 7 workshops from Nelson & Colne College
- 16th April – Year 10 Parents' Evening
- 23rd +24th April– Primet's Got Talent at lunchtime, £1 on the door to watch

This week's assemblies

This week we invited in representatives of our local police force to talk to students and raise awareness of the dangers involved in carrying knives. Our school is a safe school and it is important that all students understand that we keep it safe by respecting each other and being Proud to be Primet. It is really important that the myth that someone carries a knife for 'protection' is challenged; that the reality is that most people injured through knife crime are assaulted with their own weapons. The assemblies highlighted that we keep ourselves and each other safe by not carrying knives



Personal Development:

This week in Personal Development students have been looking at:

Year 7	Year 8	Year 9	Year 10	Year 11
Study Skills – Motivation and Brain Dumps	Study skills volunteering	Study Skills Alcohol Awareness	Cancer Awareness	Elections, democracy and voting

Next week they will focus on:

Year 7	Year 8	Year 9	Year 10	Year 11
Review and reflection	Review and reflection	Review and reflection	Review and reflection	Review and reflection



Mrs Bielby
Head of Personal Development

WHY LANGUAGES

- EVERYBODY HAS A LANGUAGES STORY
- 15% OF NEW RECRUITS ARE LANGUAGE GRADUATES
- HELLO, BONJOUR
- IT'S GOING TO MAKE US MORE HUMAN
- YOU'RE A LINGUIST THE MOMENT YOU LEARN 1 WORD IN A NEW LANGUAGE
- CURIOSITY
- WHICH CHARACTERISTIC CAN YOU NOW IDENTIFY WITH?
 - BRAVE
 - ADAPTABLE
 - MULTITASKING
- "CONNECTIONS!"
- LANGUAGES IN UNEXPECTED PLACES?
 - VIDEO GAMES
 - BOOKS
 - THE NEWS!
 - ONLINE
- I'M A MATHEMATICIAN AND A LINGUIST...
 - *STEM
 - *PRECISE
 - *CREATIVE
 - MATH AS A LANGUAGE
 - CRITICAL THINKING
 - STRUCTURE, RULES, RELATIONSHIPS
 - THINK CREATIVELY
- DON'T BE AFRAID OF OPPOSITES!
- BY LEARNING LANGUAGES I CAN
 - BE RESILIENT!
 - YOU GOT THIS!
- STARTING POINTS
 - I GREW UP BILINGUAL, MANDARIN CANTONESE ENGLISH
 - I WANTED TO PICK UP A DIFFERENT LANGUAGE TO EVERYONE ELSE (JAPANESE)
 - HAVE CHEESE FOR BREAKFAST (GERMAN)

Culture Day 23rd March

Our Year 11 prefect team are proud to be leading the second year of our Culture Day, following the launch last year by the previous prefect team. This significant day in our Primet calendar is about celebrating the diversity of our Primet community, recognising the unique identities of students and also promoting cultural awareness and a sense of belonging in our inclusive community.

What will Culture Day 2026 involve?

Students will be taking part in lessons as normal and the general running of the day will be the same, but there are two important aspects for the day: students being able to wear their own cultural clothing (£1) and prefect activity stalls (50p to £1 each) during lunchtime.

This year as an extra part of Culture Day, we have 2 GB Olympic athletes who will be in school all day, running PE sessions and talking to students about their sports and Olympic experiences.

Cultural Clothing – what IS allowed

Culture is different for everyone, and this day is about the opportunity to celebrate and share your own culture and those cultures you have direct connection to through your heritage. Students are able to wear clothing which reflects their own culture, whether this is traditional dress, fashion or style choices, national or local sports teams kit, etc. Students can also make the choice to wear their school uniform, which is a large part of how they currently spend their time and reflects it being a significant part of their lives.

Some students may wish to express themselves with make up and hair accessories, which will be allowed on the basis of it being appropriate and not a distraction and applied before school and not during the school day.

Reminder that they will still need their school bag, along with homework folder and knowledge organisers, and basic equipment of black and green pens, pencil and ruler.

All students choosing to take part in culture day clothing will need to pay £1 toward the charity fundraising. This will be collected during form time by form tutors, and students are encouraged to bring this as a £1 coin to avoid having large amounts of cash or needing to make arrangements for providing change

Cultural Clothing – what's NOT allowed

This is not a fancy dress event, and students should not try to represent other cultures which are not their own. For students who choose to wear their school uniform, this should be worn correctly and following our normal uniform policy. It is also important that students are dressed appropriately for their age and a school setting, this includes no revealing clothing such as crop tops. Own clothes are not allowed for PE lessons, as students should be in normal school PE kit if they have PE lessons that day.

Jewellery, piercings (beyond the normal policy of a simple pair of stud earrings) and other similar items should not be worn. This is for both health and safety reasons, and as valuable items should not be brought into school as they are the responsibility of the student and any lost or damaged items are likely to then be a distraction affecting students being able to focus on their learning. Jewellery will be confiscated and put in the office for parent collection, following our normal procedures.

If students are unsure and want to check in advance, they should speak to their form tutor or Head of Year. If parents/carers have any questions, please email enquiries@colneprimet.co.uk before the day. If there are any concerns about inappropriate clothing on the day, students will be provided with uniform to change into. Prefect stalls are at lunchtime

The prefect team are planning a wide range of activities, games, challenges, etc. which students can take part in. Each activity will cost 50p or £1 each, so students are encouraged to bring a small amount of cash with them in addition to their £1 to have a go on some of these. Please do not send your child to school with large amounts of money as this is not necessary, we recommend you do not send them with more than £5 in total, and if possible request that this is in coins so they can spend it easily across the different activities.



2026
CHARITY



CULTURE DAY

"Culture Day shows that our differences are what make our school stronger."

The **ATTIRE**

- Culture Day is about celebrating your own culture or heritage. £1 to be brought in if wearing own clothes.

Primet **CULTURE**

- This significant day in our Primet calendar is about celebrating the diversity of our Primet community, and recognising the unique identities of students.

The **DATE**

- Monday 23rd March 2026

- 🚫 Students may wear appropriate cultural outfits, sports kits, or uniform, but must follow school rules on modesty and presentation.
- 🚫 It is not a fancy dress event—students should not dress as cultures that are not their own.
- 🚫 Normal school rules still apply (PE kit for lessons, limited jewellery, and no distracting items).

HOSTED BY PREFECTS, ACTIVITIES WILL BE HELD IN THE SPORTS HALL DURING LUNCHTIME WITH EACH COSTING 50P-£1. THESE ACTIVITIES RANGE FROM HENNA (£1), ARTS & CRAFTS TO A TOMBOLA!

Pastoral Update Year 10

I wanted to take a moment to share how incredibly proud we are of Year 10 and the fantastic effort they have shown throughout this term. Their commitment has really shone through, with nearly all forms consistently achieving over 90% on their weekly ratios. It has also been wonderful to see different students appearing in the TOP 3 each day, showing the depth of hard work, resilience and determination across the entire year group. The morning cheers and whoops do make our day!

Next week we are celebrating further with the return of our much-loved UV Dodgeball treat! Students who have met the 95% threshold for behaviour and attendance will be able to enjoy this reward.

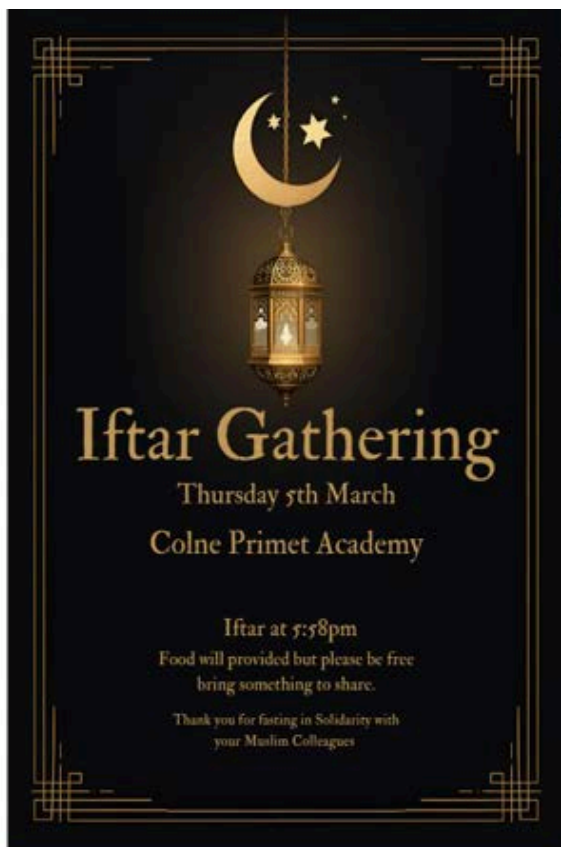
I'd like to take the opportunity to remind all parents and carers of Work Experience which begins on 22nd June – it is crucial that anyone who has not secured their placement yet is on with this.

As we approach the Easter break, we hope students enjoy a well-deserved rest. When we return, we will be holding our Year 10 Parents' Evening in the first week back after Easter and encourage all parents and carers to attend. This is an important opportunity to hear about your child's progress, celebrate their successes, and discuss the next steps as they move further into their GCSE journey.

Thank you for your ongoing support.



Ms Faraz
Year 10 Pastoral Leader



Last week, staff came together for a warm and uplifting Iftar gathering, a wonderful celebration of unity during Ramadan. Many colleagues chose to fast in solidarity, reflecting our PRIMET values of being **Inclusive, Respectful, Motivated, and Together**.

A special thank-you goes to all staff who kindly donated food, as well as those who took part in the fast. Your generosity and willingness to support one another helped create a truly memorable evening. All the staff who took part got a certificate to celebrate their achievement. We look forward to this again next Ramadan too.

Events like this highlight the strength of our school community and the pride we share in being part of PRIMET



Curriculum update: PE

Students have been working really hard in this short half term, on the final autumn/winter sports, in both lessons and extra-curricular clubs. We will be saying goodbye to sports such as badminton, football, orienteering, dance and parkour and saying hello to the summer sports of athletics and striking and fielding when we return after the holidays. Please look out for our new extra-curricular schedule that will outline when the after school sessions will be on for these sports.

Year 7 have truly excelled in their leadership skills where they have explored the qualities of leaders and applied them in teaching their classes a full, three-part warm-up. It means our classes will have exciting warm-ups led by students in lessons as they progress through school. Year 8 and 9 students have regularly been using the skills they acquired in year 7 when leading class warm-ups this year. It is very rewarding seeing how confident our students are with each other and how receptive the classes are when they have a student leading them.

Year 11 GCSE students have made a great start to their practical exams which go towards their final GCSE grade. They have already completed badminton and handball, and we have netball and football taking place next week. The final activities of equestrian, golf, boxing, dance and athletics will be completed during the first week back after Easter, during or after school. Some year 10 and year 9 students have been helping out by taking part in the full sided games that are a requirement of the course and it has been good for year 10 to have a practice run of the exam sessions they will be participating in this time next year. We wish all students good luck in the final practical exams.

As we approach the holiday, please can I ask that as parents and carers, you check your child's PE kit. If they have anything missing or have outgrown any items of kit, the two weeks is a good time to replace any items of kit, so they are fully prepared for the long summer term. A reminder that if your child is in key stage 3 (years 7-9) they should be in the blue and red academy PE kit and should not wear any black items for PE, which includes leggings and jumpers. At key stage 4, students joined the school when we had a different PE kit and so were permitted to still wear the old kit until it needed replacing. We do look extremely smart in our academy PE kit and students wear it with pride in lessons and out of school fixtures, so we want to remind all students about these rules so we can all look our best going forwards. Another reminder that if your child is unable to participate in a practical lesson due to illness or injury, that they need to bring a note to inform their PE teacher, but still bring their full PE kit to change into so they can still take an alternative role in the lesson and be dressed appropriately.

Finally, we are looking forward to Culture Day on Monday, but a reminder that if your child has PE on Monday that they must bring their PE kit as normal, including appropriate footwear.



Mrs Driver
Head of PE Head of PE and Child Development

Senior National Reading Champions Quiz



The National Reading Champions Quiz was graciously hosted by Fishermore earlier this month, and we were represented by two teams from Year 9. Noah, Ismaeel, Samuel, Lily, Mia, and Mellisa, along with over 20 other teams from across Lancashire, battled through multiple themed rounds, with the winning team securing a place in the national finals in London. Our teams didn't win but did incredibly well, worked brilliantly as teams, and had lots of fun. We are very proud of you!



YEAR 9 VIEWS ON A NEW READING INITIATIVE



Earlier this year, a group of Year 9 boys were invited to give important feedback on a new national reading pilot for The Royal Literary Fund.

During 1-hour sessions over 4 weeks (in an informal atmosphere, complete with drinks and biscuits), author and poet Clare Shaw read aloud short stories and poems – with students encouraged to read along if they wished, or just listen. Feelings and reactions to the texts were discussed.

OUR STUDENT FEEDBACK

Raees

I normally read on my own, but it was good to have someone else read to me. I enjoyed this as it gave me different ways to view a story and made me think about the different views (of the group). (The session) needs to be longer because it was too good. Would do it again.

Jack

Nice calm reading. I liked it being a small group because you can concentrate. It was good having someone read the story because it was a break from reading myself. Sometimes when I'm reading, I forget stuff in the book, but when Clare read out-loud, I could understand it a bit better. She was explaining some of the words that I didn't know. I can fully remember what we read. When I read by myself, I am focused on the reading - but when someone else is reading I can focus on imagining it in my head. I did a bit of reading along with Clare and a bit of just listening. I would recommend it to others.

William

Clare was amazing and this experience was amazing! Clare's voice was really relaxing. Thank you so much. I really enjoyed it, genuinely. Thanks for the snacks, too! William

Alyan

I really enjoyed reading in this little group. It made me feel excited to attend. I enjoyed the dramatic reading Clare did which really helped bring my exam stress down. I hope we run this again as it (gives) us a break and we really enjoy it.

Lucas

The group was really good because we were together with other people in our year group who aren't comfortable with reading in front of others. Together it allowed us to learn more about stories and how we understand it better when we talk about it together. Clare was very patient.

Balley

I don't usually like reading. I'm not a fan. I like that Clare read out-loud the stories and poems. It was nice getting away from everything. I actually listened to it and took it in properly.

Harry

It was enjoyable – very interactive and everyone could give their thoughts and have their say. If I am reading a book on my own and I don't understand a certain word, I just carry on reading. People might not enjoy reading but if someone reads to you, you might understand it better. Clare didn't force anyone to read as she read out-loud and that's a good thing. With the short stories and poems, it was nice reading a variety for a change, compared to a long story.

A huge thank you to author Mary Colson of The Royal Literary Fund for inviting Primet to be the first school to take part in this exciting pilot reading project, and to fabulous author/poet Clare Shaw for inspiring our students.

Finally, many thanks to our Year 9s boys for their enthusiasm, commitment, and valued opinions!

Academy Expectations

Our behaviour policy, which can be found on the website, has the details about individual rules we implement in the Academy to keep our students and staff safe. However, these are complicated and numerous. So to simplify these for the students, they all fit under one of the 3 basic expectations which we have of all students. When expectations fall short, students are reminded positively about what the expectation is and how to improve. We expect all students to:

Work Hard



Be Kind



Follow staff instructions first time

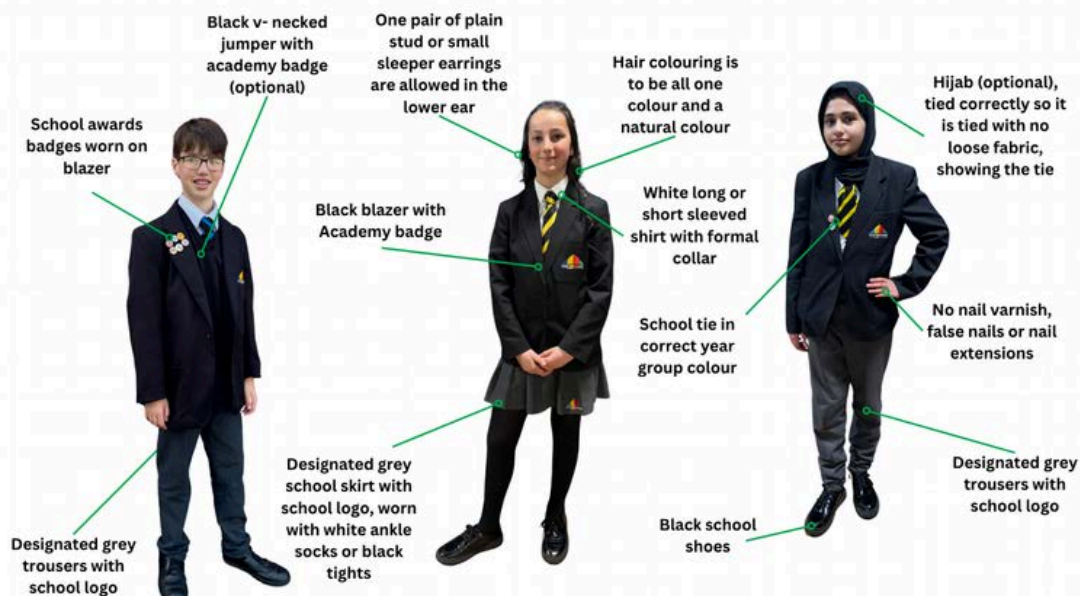


Expectations Reminder: Uniform

Our uniform is designed to be smart and simple. When worn correctly it brings great pride to students and the academy. We want students to be 'Proud to be Primet'. Wearing a uniform demonstrates high standards, our academy values and a sense of community. Wearing the uniform shows you belong to our family and it's an expectation at the Academy. The last thing students need to be worrying about is what they look like, they should be concentrating on their studies and not the latest trends. Details of our uniform are included in our parent handbook and on our website. Please ensure your child is setting off to school meeting our uniform expectations. Any uniform not meeting our expectations will be notified to parents/carers and given further sanctions if not resolved. If you need any support with uniform or have any concerns please speak to your child's Head of Year or Pastoral Support Assistant.



OUR SCHOOL UNIFORM



Year 7 Netball Team Celebrate a Fantastic Win!

Our Year 7 netball team played their third game of the season this week - and what a performance it was! The squad showed clear improvement from their first two outings, demonstrating growing confidence, teamwork, and determination on court.

There was some excellent attacking play throughout the match, with our shooters truly on fire as they scored an impressive 13 goals. In defence, the team was equally strong, working hard to limit their opponents to just 3 goals, resulting in a brilliant and well-deserved win.

The players should feel incredibly proud of their commitment to training and their desire to keep improving week after week. With just one league game left before the upcoming tournament where all schools will compete on the same night, the team is building great momentum.

Well done, Year 7! Keep up the fantastic work.



Student Spotlight



Student Spotlight: George Spreads Easter Cheer to Children in Hospital

We're incredibly proud of George, one of our thoughtful and community-minded students, who has once again launched his annual Easter campaign to support children spending the holiday in hospital.

Each year, George collects treats and small gifts to deliver to young patients, ensuring they feel remembered and cared for during Easter. His kindness has continued to inspire people across the local area, and his efforts have been recognised in the Burnley Express.

You can read the full story here:

<https://www.burnleyexpress.net/news/people/pendle-schoolboy-launches-annual-campaign-to-make-sure-children-spending-easter-in-hospital-receive-a-treat-5696668>

A huge well done to George for leading such a meaningful initiative and reminding us all of the impact one person can make.



POWER TO PERFORM EVENT



Thursday
26th March
4pm - 6:30pm

- Subject stalls with information about KS4 courses and how to revise
- General support with revision/how to revise
- Stationary to support revision

#PROUDTOBEPIMET

YEAR 9 RECEIVE PERSONALISED CHOICES FORM
YEAR 10 OPPORTUNITY TO GET REVISION GUIDANCE






Join us after school at our: **FUTURE ENGINEERS ACADEMY!**



What is it?

An after school academy designed to connect you to our curriculum and your future Career. Upskill and find out more about our professional Engineering courses whilst having fun, meeting new friends and designing your own working clock!

You will design and engineer the clock and it's parts using our Engineering workshops to master your project and receive a certificate for your achievement.

Turn over to find out more... 

When is it?

We have regular academies during the year on a **Tuesday evening.**

Time

5.30PM - 7.30PM

Where?

In our state of the art **Engineering workshops** at Nelson and Colne College

Who is it for?

Year 10 and Year 11 pupils with an interest in all things Engineering and Design Technology.

What can you expect?

- ✓ Meet our **Engineering Team**
- ✓ An introduction to **Computer Aided design (CAD)**
- ✓ Information on **Engineering Careers and Apprenticeships**
- ✓ **Practical activities** in our Engineering labs
- ✓ **Work on a design project** and engineer a working clock
- ✓ Find out more about our **Engineering Course offer**
- ✓ Meet our **Engineering students** and an **Engineering employer**
- ✓ Plus much more!

Book your place now!

Scan the QR Code below to register your interest and reserve your place!

Limited numbers, first come first served.
We will also operate a waitlist.



SCAN ME
To register your interest.

Any questions?

Contact: schools@eastlancslearning.ac.uk



Join us after school at our: **FUTURE DIGITAL SPECIALIST ACADEMY!**



What is it?

An after school academy designed to connect you to our curriculum and your future Career. Upskill and find out more about our Digital and Cyber courses and get "hands on" whilst having fun, meeting new friends and working in our state of the art Digital and Cyber suites and industry innovation Hub.

Turn over to find out more... 

When is it?

We have regular academies throughout the year starting in **January 2026 onwards.** Sessions take place on across both our college campuses on Tues/Wed.

Time

4.00PM - 6.00PM

Where?

In our **Digital and Cyber Suites** and **Industry Innovation Hub.**

Who is it for?

Year 10 and Year 11 pupils with an interest in all things IT, Cyber and future Digital careers.

What can you expect?

- ✓ Meet our **Digital & Cyber Team**
- ✓ Practical activities on **Cyber Fundamentals**
- ✓ **Programming and coding tasks**
- ✓ Digital safety, networking and threat awareness training
- ✓ **Problem solving activities**
- ✓ Find out more about **Careers, Courses and Apprenticeships** in Digital and Cyber related industries
- ✓ By experiencing both cyber and coding pathways, pupils will **gain a deeper understanding of the core skills** needed in modern digital careers, helping them feel informed, confident and inspired as they **consider their next steps into further study.**

Book your place now!

Scan the QR Code below to register your interest and reserve your place!

Limited numbers, first come first served.
We will also operate a waitlist.



SCAN ME
To register your interest.

Any questions?

Contact: schools@eastlancslearning.ac.uk



Save the dates

Parent Information session's -



Online every month (1/2 hr. each session)

Download Microsoft teams or scan the QR code

Exam stress Thursday 19 th March 2026	12:30pm Meeting ID: 322 666 345 873 6 Passcode: Gr6Mo3UC	5:30pm Meeting ID: 374 855 432 218 7 Passcode: pg6BQ9Zu
Food and mood Thursday 16 th April 2026	12:30pm - Meeting ID: 398 536 016 635 4 Passcode: 4ZU2mL67	5:30pm Meeting ID: 398 536 016 6354 Passcode: 4ZU2mL67
Supporting your child's mental health Thursday 21 st May 2026	12:30pm Meeting ID: 364 803 359 117 0 Passcode: rp6RC3hM	5:30pm Meeting ID: 364 803 359 117 0 Passcode: rp6RC3hM
Understanding anxiety Thursday 18 th June 2026	12:30pm Meeting ID: 359 004 013 4333 Passcode: e4ch6pE7	5:30pm Meeting ID: 359 004 013 4333 Passcode: e4ch6pE7
Understanding low mood Thursday 16 th July 2026	12:30pm Meeting ID: 347 010 276 371 2 Passcode: qc3sT7bm	5:30pm Meeting ID: 347 010 276 371 2 Passcode: qc3sT7bm
Children's Mental Health in a Digital Age Thursday 20 th August 2026	12:30pm Meeting ID: 329 113 282 619 7 Passcode: Ys7i9VV7	5:30pm Meeting ID: 329 113 282 619 7 Passcode: Ys7i9VV7



PE Extra-Curricular Sport (Spring Term 2 2026)

DAY	TIME	ACTIVITY	ROOM	STAFF
Monday	Lunchtime	Year 7 Pickleball	Sports Hall	LHM/CJO
	After School	Boys Football – ALL YEARS Girls Netball – Year 7 & 8	Sports Hall / Yard Yard	LHM/CJO EDR/KDO
Tuesday	Lunchtime	Year 8 Pickleball Year 7 Pickleball	Sports Hall Sports Hall	KDO/LHM EDR/CJO
	After School	Boys Basketball – Year 7, 8 & 9 Girls Netball – Fixtures (see team sheet)	Sports Hall	All PE staff EDR/KDO
Wednesday	Lunchtime	Year 10 Pickleball Year 9 Pickleball	Sports Hall Sports Hall	KDO EDR / CJO
	After School	Boys Basketball – Year 10 & 11 Dance all years	Sports Hall Gym	CJO/LHM EDR/KDO
Thursday	Lunchtime	Year 10 Pickleball Year 9 Pickleball	Sports Hall Sports Hall	LHM/EDR CJO/KDO
	After School	STAFF MEETINGS Kick & Connect: Girls' Football	STAFF MEETINGS Sports Hall	STAFF MEETINGS CASEY
Friday	Lunchtime	Year 11 Pickleball	Sports Hall	KDO/CJO
	After School	No Club		

New PE Extracurricular Sports – Spring Term 2

We're excited to launch our new range of PE extracurricular clubs for Spring Term 2! Students can now take part in a variety of lunchtime and after-school activities, including pickleball, basketball netball and dance.

It's a great opportunity to stay active, have fun, and develop new skills – so get involved and give something new a try!



Extra-Curricular Programme – Spring 2 (2026)

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunchtime	Homework Support Club 12.20 -1pm (T12)	Homework Support Club 12.20 -1pm (T12)	Homework Support Club 12.20 -1pm (T12)	Homework Support Club (Maths) 12.20 -1pm (T12)	Homework Support Club 12.20 -1pm (T12)
After-school 3.20pm	Homework Support Club 15.20 - 4pm (Oracle)	Homework Support Club 15.20 - 4pm (Oracle)	Homework Support Club 15.20 - 4pm (Oracle)	Homework Support Club 15.20 - 4pm (Oracle)	Homework Support Club 15.20 - 4pm (Oracle)
	Reading, AR Quizzing, Exchanging books, Chess 3.20 - 4.15pm Ms Dawson Lib1 (Oracle)	Reading, AR Quizzing, Exchanging books, Chess 3.20 - 4.15pm Ms Dawson Lib1 (Oracle)	Reading, AR Quizzing, Exchanging books, Chess 3.20 - 4.15pm Ms Dawson Lib1 (Oracle)	Reading, AR Quizzing, Exchanging books, Chess 3.20 - 4.15pm Ms Dawson Lib1 (Oracle)	Reading, AR Quizzing, Exchanging books, Chess 3.20 - 4.15pm Ms Dawson Lib1 (Oracle)
	Board Games Club 3.20 - 4.15pm Ms Dawson Lib1 (Oracle)	Music Club 3.20-4.15pm Mr Husband (F11)	Choir 3.20 – 4.20pm Mrs Goldie (F11)	Free Film Screenings 3.20 - 4.15pm Ms Dawson Lib1 (Oracle) See posters for details of dates and times	Board Games Club 3.20 - 4.15pm Ms Dawson Lib1 (Oracle)
	Year 7 Science Club 3.20- 4.15pm Miss Flegg (M11 Science)	Photography Club KS3 F44 Art Room Mrs Holmes		Kick & Connect: Girls' Football 3.20 – 4.15pm Casey S T (Sports Hall)	
	Performance Club 3.20-4.15 Miss Smalley (F13, HALL)				

Spring Term 2 Extracurricular Programme

We are pleased to share details of our Spring Term 2 extracurricular programme, which offers a wide range of lunchtime and after-school clubs designed to enrich students' learning and personal development. Opportunities available this half term include Homework Support Club, Performance Club, Music Club, Board Games Club and Science Club, alongside many other activities.

We encourage all students to review the full programme and take advantage of the clubs and support available.



College Open Events

College Name	What do they offer?	When?
Nelson and Colne College	Vocational A-Levels T-Level Apprenticeship	<i>Thursday 5th February 2026 - 5.30pm to 7.30pm (Careers open event)</i> <i>Thursday 23rd April 2026 - 5.30pm to 7.30pm (Year 7, 8, 9, 10 & 11 event)</i> <i>Thursday 25th June 2026 – All day (New student day)</i> <i>Thursday 20th August 2026 – All day (GCSE results day)</i>
Accrington and Rossendale College	Vocational A-Levels T-Level Apprenticeship	<i>Tuesday 3rd February 2026 – 5.30 to 7.30pm</i> <i>Tuesday 28th April 2026 – 5.30pm to 7.30pm (Careers open Event)</i> <i>Tuesday 28th April 2026 – 5.30pm to 7.30pm (Year 7, 8, 9, 10 & 11 event)</i> <i>Friday 26th June 2026 – All day (New student day)</i> <i>Thursday 20th August 2026 – All day (GCSE results day)</i>
Burnley College	Vocational A-Levels T-Level Apprenticeship	<i>Wednesday 21st January 2026 – 5.30pm to 7.30pm (Themis careers event)</i> <i>Tuesday 10th February 2026 - 5.30pm to 7.30pm</i> <i>Wednesday 6th May 2026 - 5.30pm to 7.30pm (Year 7, 8, 9, 10 & 11 event)</i>
Craven College	Vocational T-Level Apprenticeship	<i>Wednesday 11th February 2026 – 3.00pm to 6.30pm (Apprenticeship and careers fair at Craven College)</i>
Myerscough College	Vocational T-Levels Apprenticeship	<i>Saturday 7th February 2026 - course advice morning</i> <i>Saturday 18th April 2026 - course advice morning</i>
North Lancs Training Group	Apprenticeship	<i>Wednesday 18th March – 1pm to 6pm (Accrington)</i> <i>Thursday 26th March – 1pm to 6pm (March)</i>

BURNLEY COLLEGE SIXTH FORM CENTRE

Year 7-11 Open Evening

WEDNESDAY 6 MAY | 5.30PM – 8PM



Sixth Form Centre



BOOK YOUR PLACE NOW
burnley.ac.uk/whats-on

What Parents & Educators Need to Know about

TIKTOK

AGE RESTRICTION
13+

(Certain features are restricted to over-18s only)

WHAT ARE THE RISKS?

Online videos are often associated with apps such as YouTube, but among teens, TikTok is king. The app provides a potentially addictive, never-ending stream of short clips tailored to users' interests based on their viewing habits. Around half of British children use TikTok, and while most content is benign, Ofcom considers it the app where young people are "most likely to encounter a potential harm".

AGE-INAPPROPRIATE CONTENT

TikTok's Following Feed shows videos from known creators, while the default For You Feed serves endless clips based on viewing history. Most are harmless, but unsuitable content can still appear, and watching for long enough signals interest to the algorithm. Although TikTok bans illegal or inappropriate uploads, the volume of posts means some slip through, increasing the chance that children encounter age-inappropriate material before it is detected or removed.

BODY IMAGE AND DANGEROUS CHALLENGES

Ofcom reports that most online harms for girls involve body image, while boys more often see dangerous stunts. Both types appear frequently on TikTok and spread quickly through its engagement-driven algorithm. Harmful challenges have included the "blackout" trend, where users held their breath until passing out. Families filed lawsuits after children died linked to the trend, showing how extreme or risky content can rapidly reach young people and negatively influence them.

IN-APP SPENDING

TikTok is free, but children can still spend money. TikTok coins, costing £9.99 to £224.99, let users buy gifts for creators. TikTok Shop adds risk by allowing purchases from influencers or companies, sometimes leading to poor-quality items driven by persuasive marketing. A Canadian investigation found TikTok collected personal data from many children for targeting and advertising despite age limits, meaning young users may lose control over their personal information.

CONTACT WITH STRANGERS

Between 1.6 and 1.8 billion people use TikTok, meaning there's a high risk of unwanted attention from strangers. Accounts created by over-16s (or young people using a fake date of birth) are set to public view by default. This means that not only is someone's profile visible to everyone else on the app, it also suggests their videos to others and allows anyone to download or comment on them.

MISINFORMATION AND RADICALISATION

TikTok's short videos may appear lighthearted, but they can expose young people to harmful ideas. Misinformation is common, and Ofcom reports that nearly one third of 12-15-year-olds use TikTok as a news source, increasing the chance of seeing racist, misogynistic, extremist or conspiracy material. Even brief clips can influence impressionable users and shape their worldview, making discussions about critical thinking, propaganda and online influence especially important for parents and educators.

ADDICTIVE DESIGN

TikTok's fast-paced stream of eye-catching videos can be potentially addictive for young users. In 2024, UK children spent an average of 127 minutes per day on the platform, double the time recorded in 2020. Excessive use can disrupt sleep, increase irritability, and distract from healthier activities. Constantly skipping between short clips may also affect attention span, making it harder to focus on longer tasks such as homework or reading.

Advice for Parents & Educators

ENABLE FAMILY PAIRING

Family Pairing allows parents to link their TikTok account to their child's in order to manage settings remotely. Parents can then turn on Restricted Mode (reducing the chances of a child seeing inappropriate content), set screen time limits, make accounts private and manage whether their child can send messages – and if they can, to whom. Children cannot alter these settings without parental approval.

DISCUSS THE DANGERS

If a child wants to use TikTok and you're happy for them to do so, it's good practice to discuss the potential risks. Ensure they don't share any identifying personal information or respond to dangerous trends, and that they know to talk to a trusted adult if they're worried by interactions on the app. With more teens using TikTok for news, it's important to talk about misinformation and propaganda.

Meet Our Expert

Alan Martin is an experienced technology journalist who has written for the likes of Wired, TechRadar, Tom's Guide, The Evening Standard and The New Statesman.



BLOCK IN-APP SPENDING

Parents can restrict in-app purchases on iPhone and Android devices to prevent accidental or impulsive TikTok spending. Young people can easily spend large amounts on TikTok coins or low-quality products promoted through TikTok Shop. If a disappointing purchase occurs, turn it into a discussion about influencer marketing and how online promotions can be misleading.

READ THE SIGNS

If you're concerned that a child is spending too much time on TikTok, or that they've been emotionally affected by something they've seen, it's important to know how to spot the signs. Increased irritability and a lack of concentration are potential red flags, as is failing to complete homework or skipping meals. Remember, the parental controls are there for a reason, and it's never too late to introduce limits.

See full reference list on our website



**Lancashire
Parent Carer Forum**

Are you a parent or carer of a child or young person with special educational needs or disabilities?

Join us at one of our

Pendle Family Hub Drop ins

Share your concerns & get answers from:
Lancashire County Council, NHS providers & others.
Also stay updated on what's happening with services

**Don't miss out, come along to
make your voice heard!**

4th Friday of the Month

**@ Nelson Family Hub, Leeds Road,
Nelson, BB9 8EL**

For more information follow LPCF Facebook page